

# PSA Indoor Facilities Winter 2020/2021 Policies and Procedures

Updated October 22, 2020

As PSA begins to prepare for the opening of the Winter Indoor Facilities season, we want to ensure you that safety is and will continue to be our top priority. We have set these procedures in place for every participant, coach, parent, staff, officials, and spectators to adhere to before attending any PSA event. Our purpose is safety first which includes some of the guidelines steered toward a conservative approach. We want to ensure all parents and guardians recognize the enhanced risks of being in contact with anyone age 65 or older for 14 days after attending a sporting event or practice.

## Prior to Coming to Your Game

- All Adults to ensure the players and themselves are healthy by checking temperature before activities with others. **Do not attend trainings or games if anyone is exhibiting any symptoms of COVID-19 such as fever, cough, difficulty breathing, or other symptoms identified by the CDC.**
- Players or Adults should not attend trainings or games if they have been in contact with someone testing positive for COVID-19 within the past 14 days
- Consider no carpooling or very limited carpooling
- Parents and Players should wait outside (6 feet from others) or in their car until teams from prior practice or game start to leave the building before entering through the designated doors. You should expect to be let in 10 minutes prior to the start of your game.
- We will have sanitizer stations available but if possible, bring your own hand sanitizer
- Ensure the player has his/her own equipment (ball, water, bag, etc.) and not to share with others
- Please wait until the door is opened allowing you entry. You want to be early as once we have started games the doors will be closed and there will be limited entry after that time.

## Prior to Entering the Facilities

- Everyone must wear a mask when getting their temperature taken at the door. **No mask, no entry!**
- No one with a temperature above 100.4 degrees will be allowed inside
- **Coaches and Spectators MUST wear their mask at all times**
- Officials and players may remove their mask once they arrive to their court or arena
- Before you arrive, please check which entrance you are to use based on the court on which you are playing. We have attached maps to this email.

## General Guidelines for Practices

- All coaches must have a valid PSA coaches' badge in hand or on file - you will not coach without it
- NO spectators are allowed at Practices
- Coaches and players only

## General Guidelines for Spectators at Games

- 6 feet distancing between spectators. There will be "x" on the floor for Basketball and Volleyball and "x" on the bleachers in the stands for Football and Soccer to help with spacing.
- For games, 1 spectator (must be 16 or older) per player allowed and no siblings
- The one spectator is allowed to bring in their own chair for court sport games provided it has a rubber bottom on the legs to protect our gym floor. There will be no bleachers available for the court sports.

### **Basketball and Volleyball Game Procedures**

- All coaches must have a valid PSA coaches' badge in hand or on file - you will not coach without it
- Do not have any players or captains shake hands or fist bump during games or practices
- Players on the benches should socially distance unless masked
- Coaches should avoid clusters when speaking and use a mask
- Game slots will be 75 minutes increments-this will give PSA time to clean and disinfect before next game, so please be on **TIME!**
- Teams need to exit the building immediately following their game. Please pick up all items and take with.
- Teams will need to bring warm-up balls
- Scorekeepers are to wear a mask at all times.
- PSA will provide game balls. Game balls and player benches will be sanitized after every game.

### **Flag Football Game Procedures**

- All players are requested to wear gloves. The quarterback may elect to not use a glove on the throwing hand.
- Mouthguards are optional
- Players on the sideline should be 6' distance between each other
- Coaches should avoid clusters when speaking and use a mask
- Water bottles should have players name on it
- No Spitting
- Officials should wear mask pre-game and post-game.
- Use social distancing during pre-game meetings.
- Officials will disinfect game balls prior and after the game
- Keep Player belongings separate
- Notify your coach or manager immediately if the player becomes ill for any reason
- Do NOT engage in handshaking, hugs, high fives, during training or games
- When game and practice is over everyone should leave the arena immediately so the next event can arrive at the arena

### **Indoor Soccer Game Procedures**

- Only coaches/team managers and players are allowed on the turf
- Games take up to 45 minutes long, but we have scheduled time slots in 60-minute increments which gives PSA extra time to clean and disinfect balls and goals before the next game, so please be ON TIME!
- ALL coaches, assistant coaches, team managers must have a current PSA coaching badge or an email stating your badge is valid or they will not be able to coach
- Players on the sidelines are to distance themselves 6 feet apart
- Coaches are to wear a mask at all times and should avoid clusters when speaking
- PSA will provide game balls which will be disinfected and sanitized after/before each game.
- Water bottles are to be clearly marked with the child's name
- Scorekeepers are to wear a mask at all times. Use social distancing during pre-game meetings (if applicable).
- Player belongings are to stay separate
- Notify your coach or manager immediately if the player becomes ill for any reason
- No handshaking, hugs, high fives, fist bumps during training or games
- When games have finished, please exit the arena quickly through the designated door so the next game can begin on time
- Please gather all personal items before you leave

### **PreK Soccer Game Procedures**

- Only coaches/team managers and players are allowed on the turf

- Games are 40 minutes long, but we have scheduled time slots in 60-minute increments which gives PSA extra time to clean and disinfect balls and goals before the next game, so please be ON TIME!
- ALL coaches, assistant coaches, team managers must have a current PSA coaching badge or an email stating your badge is valid or they will not be able to coach
- Players on the sidelines (outside the blue tubes) are to distance themselves 6 feet apart
- We recommend 1-2 additional adults to help on the sidelines with those not playing (must also have valid/visible coaching badge)
- Coaches are to wear a mask at all times and should avoid clusters when speaking
- PSA will provide game balls which will be disinfected and sanitized after/before each game.
- Water bottles are to be clearly marked with the child's name
- Scorekeepers are to wear a mask at all times. Use social distancing during pre-game meetings (if applicable).
- Player belongings are to stay separate
- Notify your coach or manager immediately if the player becomes ill for any reason
- No handshaking, hugs, high fives, fist bumps during training or games
- When games have finished, please exit the arena quickly through the designated door so the next game can begin on time
- Please gather all personal items before you leave

### **Food and Drink/Concessions**

- Players need to bring their own water bottle- no sharing
- No water fountains may be used in any PSA facility
- No outside food will be allowed
- We will have limited concessions available at most buildings. If concessions are not open, there are vending machines with drinks for purchase.

We all must be mindful of one another and work together to follow the guidelines to ensure the safety of all those who attend practices and games. Please let us know if you have any questions or need clarification on the policies or procedures.

Thank you for your cooperation.