

TINY TIGER SCHEDULE

Begs: White – TT Yellow Belts

| Monday | Tuesday | Wednesday | Thursday | Saturday |
|---|------------------|------------------|------------------|----------------------|
| 5:30 – 6:00pm | 6:30 – 7:00pm | 5:30 – 6:00pm | 6:30 – 7:00pm | 11:00am – 11:30am |
| We recommend that tiny tigers attend 2 classes a week | | | | |



WANT MORE INFORMATION?

Walk-in: Plano Sport Authority – 2nd Floor
6500 Preston Meadow
Plano, Texas 75024

Call: 972.208.3817

Email: maritalarts@psaplano.org

PSA Martial Arts



TINY
TIGERS
Taekwon Do



PSA MARTIAL ARTS TINY TIGER PROGRAM



The Tiny tiger program was specifically designed for preschool ages 3 – 5yr old. It is designed to meet the needs of younger students by developing their attention span and coordination.

The Tiny Tigers program is designed to improve children's motor skills and enhance their ability to pay attention and follow directions. All classes are taught using the most safe, fun, and exciting instruction methods available for this age group.

The classes are 30 minutes.



BENEFITS OF THE TINY TIGER PROGRAM:

- Focus
- Teamwork
- Control
- Balance
- Memory
- Self Discipline
- Fitness
- Coordination

*Every Child is special
Every Child is a Winner!!*

