



Winter Break Camps

2018-2019

PSA1
6500 Preston Meadow
Plano, Tx 75024

PSA Murphy
330 N. Murphy Road
Murphy, Tx 75094

PSA McKinney
7205 Eldorado
McKinney, Tx 75070

**PSA Winter Camps will be held at PSA1, PSA Murphy and PSA McKinney:
Please look closely at each camp for dates, times and locations**

FlexiPass

FlexiPass includes lots of physical activity and the classic favorite sports such as basketball, indoor soccer, kickball, floor hockey, pillow polo and innovative P.E. games. We also have plenty for the non-sport lovers like arts and crafts, board games, card games and movie time. We don't do it all day but it is used to give the kids a rest from all the running around they will be doing. This is the camp you know and love with excellent staff, resources, and facilities, but improved to make every day different and exciting. FlexiPass is held indoors at PSA1, PSA McKinney and PSA Murphy with lunch and one snack included in the fee. A ratio of 10 campers to one counselor is maintained at all times if not better. FlexiPass kids are grouped according to age level for safety and fun.

AGES: 5 year olds who attend school through 14 year olds

December 26-28	PSA1, PSA McKinney	9:00am-4:00pm	Price: \$45/day
	PSA Murphy	9:00am-4:00pm	Price: \$40/day
January 2-4	PSA1, PSA McKinney	9:00am-4:00pm	Price: \$45/day
	PSA Murphy	9:00am-4:00pm	Price: \$40/day
January 7	PSA1 ONLY	9:00am-4:00pm	Price: \$45/day

Before/After Care

For the working parent

December 26-28, January 2-4 and January 7 7:30-9:00am/4:00-6:00pm Price: \$12/day

½ Day Flexi add on - Must Register with a Sport Camp or Activity-ONLY AVAILABLE AT PSA 1 AND PSA MCKINNEY

This ½ Day Flexi add on CAN ONLY BE USED WHEN PURCHASING a ½ Day Sport Camp OR Activity. **WE DO NOT OFFER ½ DAY FLEXI CAMP BY ITSELF.** Campers registered in a 1/2 day Sports Camp or an Activity Camp may purchase a ½ Day Flexi add on to complete the day. Campers will attend their Sports Camp or Activity Camp and before/after spend the remainder of the day having fun in FlexiPass Camp.

Ages 5-14	Dec. 26-28 and Jan. 2-4	11:30am-4:00pm	Price: \$30/day
Ages 5-14	Dec. 26-28 and Jan. 2-4	9:00am-1:00pm	Price: \$30/day

Lunch Bridge Care

If you choose to do 2 half day camps (example: Basketball in the morning and Volleyball in the afternoon this FlexiPass pays for us to supervise and watch your child between 11:30am and 1:00pm so you don't have to pick them up! Includes lunch

Ages 5-14	Dec. 26-28 and Jan. 2-4	11:30am-1:00pm	Price: \$5/day
-----------	-------------------------	----------------	----------------

Basketball Camp - Age 5-12- Basic skill improvement with scrimmaging.

These half day camps will develop and improve basketball skills including shooting, rebounding, dribbling, passing, and team concepts. A snack is included in the fee. Campers do not need to bring a ball or a water bottle. Make it a full day with a ½ Day FlexiPass add on.

Ages 5-12	Dec. 26, 27 and 28	8:30-11:30am	PSA1	Price: \$81
Ages 5-12	Dec. 26, 27 and 28	1:00-4:00pm	PSA McKinney	Price: \$81
Ages 5-12	Jan. 2, 3 and 4	1:00-4:00pm	PSA 1	Price: \$81
Ages 5-12	Jan. 2, 3 and 4	8:30-11:30am	PSA McKinney	Price: \$81

Elite Basketball School Camp - 5th grade - 8th grade

This camp is designed for boys and girls who have played upper “B” level or “A” level of play in their leagues. This camp will focus on teaching team concepts so the players will have a better understanding of what it takes to make a school team. The concepts that will be taught are; full and half court pressure defense, motion offense, zone offense, set plays, set inbound plays and last second winning plays. The campers will spend the first hour doing skills work, the second hour working on team concepts and will finish up with at least a 30-minute scrimmage. These players will be pushed so they can understand what they will encounter when they try out for their school team. Make it a full day with a ½ Day Flexi add on.

5 th -8 th grades	Dec. 26, 27 and 28	8:30-11:30am	PSA 1	Price: \$81
5 th -8 th grades	Dec. 26, 27 and 28	1:00-4:00pm	PSA McKinney	Price: \$81
5 th -8 th grades	Jan. 2, 3 and 4	1:00-4:00pm	PSA 1	Price: \$81
5 th -8 th grades	Jan. 2, 3 and 4	8:30-11:30am	PSA McKinney	Price: \$81

Volleyball Camp- Age 5-12- Basic skill improvement with scrimmaging.

Come join PSA for a half day volleyball camp. Campers will be divided into groups according to skill level and age. They will be taught the fundamental skills including serving, setting, blocking and hitting. Beginners and experienced players invited. Campers do not need to bring balls or water bottles. We do recommend knee pads if you have them. A snack is included in the fee. Make it a full day with a ½ Day Flexi add on.

Ages 5-12	Dec. 26, 27 and 28	1:00-4:00pm	PSA1	Price: \$81
Ages 5-12	Dec. 26, 27 and 28	8:30-11:30am	PSA McKinney	Price: \$81
Ages 5-12	Jan. 2, 3 and 4	8:30-11:30am	PSA1	Price: \$81
Ages 5-12	Jan. 2, 3 and 4	1:00-4:00pm	PSA McKinney	Price: \$81

Soccer Camp-Age 5-12- Age 5-12- Basic skill improvement with scrimmaging.

Instructed by former players, coaches and some select and collegiate players. This camp will cover the fundamentals of dribbling, passing and shooting, as well as ball control. A snack is included in your fee. No cleats will be allowed on the turf, shin guards with long socks required. Balls will be provided and you don’t need a water bottle. Make it a full day with a ½ Day Flexi add on.

Ages 5-12	Dec. 26, 27 and 28	8:30-11:30am	PSA1	Price: \$81
Ages 5-12	Dec. 26, 27 and 28	1:00-4:00pm	PSA McKinney	Price: \$81

Ages 5-12	Jan. 2, 3 and 4	8:30-11:30am	PSA McKinney	Price: \$81
Ages 5-12	Jan. 2, 3 and 4	1:00-4:00pm	PSA1	Price: \$81

Dance Camp

Dance camp will focus on traditional dance techniques, flexibility, strength, and conditioning in a fun environment. Dancers will learn various routines in Pom, Jazz and Hip-Hop that will incorporate a variety of kicks, jumps, leaps and turns. Enjoy a great time while learning the latest moves of today! No experience necessary. Snack included in the fee. Make it a full day with a ½ Day Flexi add on.

Ages 5-12	Dec. 26, 27 and 28	8:30-11:30am	PSA1	Price: \$81
Ages 5-12	Dec. 26, 27 and 28	1:00-4:00pm	PSA McKinney	Price: \$81
Ages 5-12	Jan. 2, 3 and 4	1:00-4:00pm	PSA 1	Price: \$81
Ages 5-12	Jan. 2, 3 and 4	8:30-11:30am	PSA McKinney	Price: \$81

Arts and Crafts Camp

If your child likes to be creative, this is the class for them. Each week the kids will get to experience multiple types of arts and crafts from free drawing, painting, building a structure out of popsicle sticks, lanyard projects, tie dying and much, much more. Every day your child will come home with something new they created themselves and can display for the entire family to enjoy. A snack is included in the fee. Make it a full day with a ½ Day Flexi add on.

Ages 5-12	Dec. 26, 27 and 28	1:00-4:00pm	PSA1	Price: \$81
Ages 5-12	Dec. 26, 27 and 28	8:30-11:30am	PSA McKinney	Price: \$81
Ages 5-12	Jan. 2, 3 and 4	8:30-11:30am	PSA1	Price: \$81
Ages 5-12	Jan. 2, 3 and 4	1:00-4:00pm	PSA McKinney	Price: \$81

Lego Mindstorm Robotics Camp

This class is designed for students with an understanding of robotics, or quick learners. The class will focus on building robots using different sensors and motors to complete a task. Students will be able to program a robot to do human-like tasks such as playing soccer, sumo wrestling, racing, transporting items and processing information using Lego Mindstorms NXT software. A snack is included in the fee. Make it a full day with a ½ Day Flexi add on.

Ages 5-12	Dec. 26, 27 and 28	1:00-4:00pm	PSA1	Price: \$90
Ages 5-12	Dec. 26, 27 and 28	8:30-11:30am	PSA McKinney	Price: \$90
Ages 5-12	Jan. 2, 3 and 4	8:30-11:30am	PSA1	Price: \$90
Ages 5-12	Jan. 2, 3 and 4	1:00-4:00pm	PSA McKinney	Price: \$90

Fun with Science Camp

In this class campers will get hands on experience in Science projects. From Kinetic Loco motor skills to Chemistry, campers will get to have fun learning some of the basic Science facts. A snack is included in the fee. Make it a full day with a ½ Day Flexi add on.

Ages 5-12	Dec. 26, 27 and 28	8:30-11:30am	PSA1	Price: \$81
Ages 5-12	Dec. 26, 27 and 28	1:00-4:00pm	PSA McKinney	Price: \$81
Ages 5-12	Jan. 2, 3 and 4	1:00-4:00pm	PSA 1	Price: \$81
Ages 5-12	Jan. 2, 3 and 4	8:30-11:30am	PSA McKinney	Price: \$81

Martial Arts Weapon and Basic Martial Arts Camp- This option is offered at PSA 1.

PSA Martial Arts Academy instructs campers in developing traits such as confidence, self-discipline, better listening skills, honesty, integrity and much more. The classes combine the fun and excitement of martial arts training with mental and philosophical lessons. Six days of instruction and a snack is included in the fee. Make it a full day with a ½ Day Flexi add on.

Ages 5-12	Dec. 26, 27 and 28	8:30-11:30am	Price: \$111
Ages 5-12	Jan. 2, 3 and 4	8:30-11:30am	Price: \$111

Martial Arts Belt Camp- This option is offered at PSA 1.

PSA Martial Arts Academy instructs campers in developing traits such as confidence, self-discipline, better listening skills, honesty, integrity and much more. Earn a belt in one week. You will learn all the skills you need to jump to the next belt color. Five days of instruction and a snack is included in the fee. Make it a full day with a ½ Day Flexi add on.--- 6 days total

Ages 5-12	Dec. 26, 27 and 28	1:00-4:00pm	Price: \$222
Ages 5-12	Jan. 2, 3 and 4		

How to register:

- Go to psaplano.org and click on MySam Login
 - If you have a MySAM profile; sign on with your user name and password
 - If you do not have a MySam profile; enter your email under New Customer Registration and click the Sign Up button you will then be prompted to create an account.
- Call PSA at 972-208-5437 to register by phone
- Come to PSA1 or PSA Murphy and register with one of our Customer Service Representatives.



Invite a Friend:

Did you know once you sign up for a camp you can send emails inviting all of your camper's friends? In your MySam account click the invite button! If you need help or instructions call the front desk staff and they can help, 972-208-5437.