



PSA Basketball Rules & Procedures Recreational & Select Leagues

PLANO SPORTS AUTHORITY



TABLE OF CONTENTS

General Rules (All Leagues).....	4
Game Rules	4
Leagues	4
Divisions	4
Rosters	4
Coaches/Managers	4
Players	5
Mandatory Playing Time Requirements:	5
Uniforms	7
Game Time	7
Time outs	8
Bench	8
Game Sheets	8
Scorekeepers	8
Substitutions	9
Possession	9
Ten Second Clock	9
Overtime	9
Recreational League	9
Select League.....	9
Forfeits	9
Fouls	10
Disciplinary Action	10
Illegal Players.....	10
Fighting.....	10
Playing Time	11



Technical Fouls 11

Code of Conduct 11

Protests 11

PSA Basketball Procedures 12

FORFEITING PROCEDURE 12

GAME SWAP PROCEDURE 12

DIVISION SWAP REQUEST 13

Recreational Grades..... 14

Mini League: Kindergarten, 1st and 2nd Grade Specific Rules..... 14

Basket Height..... 14

Ball Size 14

Mandatory Playing Time Requirements 14

Defensive Pressure 14

Foul Shots 15

Three-second lane Violations..... 15

Technical fouls 15

Games 15

Three Point Shots 15

Junior League: 3rd and 4th Grade Specific Rules 15

Ball Size 15

Mandatory Playing Time Requirements: 15

Defensive Pressure 16

Foul Shots: 16

Three-Second lane violations:..... 16

Three Point Shots 16

Intermediate League: 5th and 6th Grade Specific Rules 17

Ball Size 17

Mandatory Playing Time Requirements 17



Defensive Pressure 17

Senior League: 7th through 12th Grade Specific Rules 18

 Ball Size: 18

Mandatory Playing Time Requirements 18

Defensive Pressure 18

SELECT League 19

Rules..... 19

Playing Time Requirements 19

Game Duration 19

Free Throws 19

Ball Size 19

NFHS Rule changes 20

 2014-2015 Rule Changes..... 20



GENERAL RULES (ALL LEAGUES)

GAME RULES

All games scheduled by the PSA Basketball Program are played under the National Federation of High School ([NFHS](#)) rules except where modified by the PSA Basketball Rules.

LEAGUES

PSA Basketball has select and recreational leagues. Recreational leagues will include Kindergarten to 12th Grade. Select is offered in grades 4th and above based on the number of teams within each grade. Each season will vary based on demand.

DIVISIONS

- Leagues will offer A, B, and C Divisions based on demand
- Advance teams must play in the top division "A"
- Good teams should play in the middle division "B"
- Beginner teams, teams that won 3 games or less in the prior season when playing in C or B divisions, or development teams should play in the bottom division "C"
- Club teams should be in the select league if offered
- **Club teams can play in the Recreational League with PSA approval**
- Teams playing in C or B division in the prior season must move up that have 5 wins or better

ROSTERS

- Teams are limited to 12 players on their roster
- Under special circumstances, teams may petition the Basketball Director to have more than 12 players
- Additional players may be added to the official roster prior to the 3rd week of the season
- After the 3rd week, coaches may request an exception to the rule by emailing the PSA Basketball Director – basketball@psaplano.org.
- PSA will at times validate rosters during games
- Players must be on the roster to play in the game; no exceptions

COACHES/MANAGERS

- Each team is allowed a Head Coach, Manager and/or Assistant Coaches
- One adult, 21 years or older, must be on the roster
- **Must have a current PSA coaches application renewed regularly based on PSA Policy**



- The Head Coach is responsible for the conduct of all persons connected with their team (Assistant Coach, players, score keepers, parents and fans)
- **In the event that no coach is available, a parent may act as the stand-in Head Coach; the parent must be 21 or older and have a coaches badge**
- **All Coaches and Managers listed on the Roster must have a coaches badge**

PLAYERS

- Only the players listed on the official roster maintained in the PSA Sports Management System are eligible to participate in games
- Guest players are not authorized at any time or under any circumstances
- **A player may only play on one (1) team per grade**
- Players may play in their grade and higher (ex. Player in the 6th grade can play in 6th, 7th and 8th Grades)
- Players may not play recreational and select leagues in the same grade

The use of an illegal player by any team will result in the suspension of the player and the coach. An illegal player is defined as someone that is not on the current roster or is on 2 rosters in the same grade. This is true even if the 2 teams are in different divisions.

MANDATORY PLAYING TIME REQUIREMENTS:

Playing time requirements only apply to the Recreational League for the following grades and divisions.

- **Kindergarten to 2nd Grade – All divisions**
- **3rd Grade to High School – All divisions**
- Coaches are responsible to ensure that all players meet their league specific mandatory playing time requirements
- A coach who has a dispute over playing time must bring the infraction to the attention of the official and opposing coach in time for it to be resolved during the game. If a team does not provide a scorekeeper or notify the referee and opposing coach of an apparent violation, there is no basis for a protest.
- **For kindergarten to 2nd Grade**



The following table provides the playing time requirements for when you have the specific number of players at the game.

Players	1 st Quarter	2 nd Quarter	3 rd Quarter	4 th Quarter
4	All Play	All Play	All Play	All Play
5	All Play	All Play	All Play	All Play
6	Players 1-5 Play full Qtr. No substitution	Player 6 plays full Qtr. Players 1-5 can sub	Players 1-3 play full Qtr. Players 4-6 sub	Players 4-6 play full Qtr. Players 1-3 sub
7	Players 1-5 play full Qtr. No substitution	Players 6-7 play full Qtr. Players 1-5 can sub (3)	Players 1-4 play full Qtr. Players 5-7 can sub	Players 5-7 play full Qtr. Players 1-4 can sub
8	Players 1-5 play full Qtr. No substitution	Players 6-8 play full Qtr. Players 1-5 can sub (2)	Players 1-4 play full Qtr. Players 5-8 can sub	Players 5-8 play full Qtr. Players 1-4 can sub
9	Players 1-5 play full Qtr. No substitution	Players 6-9 play full Qtr. Players 1-5 can sub (1)	Players 1-5 play full Qtr. Players 6-9 can sub	Players 6-9 play full Qtr. Players 1-5 can sub
10	Players 1-5 play full Qtr. No substitution	Players 6-10 play full Qtr. No substitution	Players 1-5 play full Qtr. No substitution	Players 6-10 play full Qtr. No substitution
11	Players 1-5 play full Qtr. No substitution	Players 6-9 play full Qtr. Players 10-11 sub	Players 10-11 play full Qtr. Play 2 more players the full quarter Sub the remaining players	Play 4 players full Qtr. That have not played a full Qtr in the 2 nd half Sub the remaining players
12	Players 1-5 play full Qtr. No substitution	Players 6-8 play full Qtr. Players 9-12 can sub - (each player plays 3 minutes)	Players 9-11 plays full Qt. Players 1-8, 12 can sub	Player 12 plays full Qtr. Any other two players that has not played a full Quarter in the 2 nd half Other players can sub

Note: When playing 11 or more players, you should rotate players from game to game to equally play all players during the season.

 **For 3rd grade and above**

The following table provides the playing time requirements for when you have the specific number of players at the game.

Players	1 st Quarter	2 nd Quarter	3 rd Quarter	4 th Quarter
4	All Play	All Play	All Play	All Play
5	All Play	All Play	All Play	All Play
6	Players 1-5 Play full Qtr. No substitution	Player 6 plays full Qtr. Players 1-5 can sub	All players must participate in the 2nd Half	
7	Players 1-5 play full Qtr. No substitution	Players 6-7 play full Qtr. Players 1-5 can sub (3)	All players must participate in the 2nd Half	



Players	1 st Quarter	2 nd Quarter	3 rd Quarter	4 th Quarter
8	Players 1-5 play full Qtr. No substitution	Players 6-8 play full Qtr. Players 1-5 can sub (2)	All players must participate in the 2nd Half	
9	Players 1-5 play full Qtr. No substitution	Players 6-9 play full Qtr. Players 1-5 can sub (1)	All players must participate in the 2nd Half	
10	Players 1-5 play full Qtr. No substitution	Players 6-10 play full Qtr. No substitution	All players must participate in the 2nd Half	
11	Players 1-5 play full Qtr. No substitution	Players 6-9 play full Qtr. Players 10-11 sub	Players 10-11 plays a full quarter either in the 3 rd or 4 th All other players must participate in the 2 nd half	
12	Players 1-5 play full Qtr. No substitution	Players 6-8 play full Qtr. Players 9-12 can sub - (each player plays 3 minutes)	Players 9-12 plays a full quarter either in the 3 rd or 4 th All other players must participate in the 2 nd half	

UNIFORMS

- All uniforms shall have numbers on the front (4") and back (6")
- **Numbers may be up to 2 digits (0-5). Reversible uniforms are recommended**
- Uniforms are not included in the registration fee
- The team is responsible to purchase their own uniforms and they can be purchased from the PSA Shop (972-208-3860)
- Home team has option of preferred color
- **In the event of a dispute, the Game Officials have final say on Jersey colors for that particular game**
- Pinnies are available from the PSA front desk – must check them out and return them
- Any viewable jewelry must be removed unless newly pierced ears then they must be covered
- Any loose items must be removed or secured properly; if a wrist band cannot be removed, then it must be covered with a sport band or medical tape
- Any type of cast or device must be approved by the officials

GAME TIME

- **Recreational League**
 - Games are four (4) six-minute quarters **STOPPED** Clock
 - The time clock stops for violations, fouls, timeouts and court issues
- **Select League**
 - Games are two 20 minutes halves **RUNNING** Clock
 - Last 2 minutes in both halves **STOPPED** Clock
- Half Time is 3 Minutes
- Teams have five minutes to warm-up and prepare before the game starts



- Games must not start earlier than the scheduled time

TIME OUTS

- Each team is allowed four (4) forty-five (45) second timeouts per game
- One (1) forty-five (45) second time out in overtime
- Time outs do not carry over from regulation into overtime

BENCH

- Only eligible players and coaches (**limit 2**) on the official roster are permitted on the bench
- During the game, coaches are not permitted on the court and must stay within the bench area
- **Officials may require that coaches remain seated**
- Failure to follow the referees' instructions may result in a technical foul and ejection
- **Coaches box extends from mid court to the end of their bench**

GAME SHEETS

- PSA game sheets are provided at the time of the game by PSA located on the scorer's table
- Game sheet will list all players and coaches eligible to participate in the game
- Coaches must write down each player's number and exchange the game sheet with the other team
- The home team has the option to use the game sheets as the official book for the game
- If the home team elects not to use the PSA provided game sheets, then the visiting team can use them

SCOREKEEPERS

- The home team provides the official scorekeeper and keeps the official scorebook
- The first team listed on the schedule is the home team
- If for some reason the home team cannot provide a scorekeeper, then the visiting scorekeeper keeps the official scorebook
- Scorekeepers are required to sit on either side of the timekeeper
- Scorekeepers may not sit in the stands or on the team bench
- The home scorekeeper sits on the left facing the court
- The scorekeeper must list all players on each team by full name and number
- Scorekeepers are required to record overall running score, individual scoring, personal fouls, team fouls, and time-outs
- Player participation should be tracked for games that have playing time requirements
- It is recommended for scorekeepers to compare their scorebook at the end of each quarter to ensure there are no discrepancies
- It is recommended that both teams provide a scorekeeper
- Scorekeepers cannot coach from the scorekeeper table
- Officials may request to have a different scorekeeper



SUBSTITUTIONS

- Prior to entering the game, all players must report to the scorekeeper's table
- Officials will signal the player into the game

POSSESSION

- Games will start with a center jump ball
- For 2nd, 3rd, and 4th quarters, teams will inbound the ball at mid court
- The timekeeper will maintain the possession arrow
- **Teams will start the game shooting at the opposite end of their bench**
- At the beginning of the third quarter, teams will shoot on their own end

TEN SECOND CLOCK

- Teams have ten (10) seconds to get the ball over the half court line
- Timeouts taken prior to crossing the half court line will reset the ten (10) second clock
- **When back court pressure is not allowed, the ten (10) second clock will not be reset**

OVERTIME

RECREATIONAL LEAGUE

Applies to 3rd Grade and Above

- If the game is tied at the end of regulation, a three (3) minute overtime period will be played
- If the game remains tied at the end of the first overtime, a sudden death overtime period will be played. **In the sudden death overtime period, the first team scoring any combination of two (2) points wins.**
- Overtime periods start with a center jump ball

SELECT LEAGUE

Applies to All Grades

- If the game is tied at the end of regulation, three (3) minute overtime periods will be played until a team wins

FORFEITS



- A team must have a minimum of 4 players and 1 coach in order to start the game
- If a team is unable to field a team (4 players and 1 coach) within 10 minutes of the scheduled game time the game will be forfeited
- Forfeited games will not be rescheduled
- **After 10 minutes, the teams can elect to scrimmage and have the officials officiate the game**
- The scrimmage must end 5 minutes before the other game starts
- The forfeited game will be recorded as 2 to 0
- Please refer to the [Forfeiting Procedure](#) under [PSA Basketball Procedures](#)

FOULS

- Individual Fouls: a player must leave the game after receiving five (5) fouls. This applies to all grades.
- Teams Fouls: every foul counts as a team foul, including offensive and technical fouls. On the seventh (7th) foul, the team will be in the bonus (1 and 1) situation. On the tenth (10th) foul, the team will be in the double bonus (2 shots). An offensive foul results in turning the ball over to the other team (no foul shots).
- Fouls Shots:
 - **A player occupying a marked lane space may enter the lane on the release of the ball by the free throw shooter. All other players may enter the lane when the ball hits the rim.**
- Technical Fouls: a technical foul will result in two (2) free throws and loss of possession. **Two (2) technical fouls against a player or coach will result in ejection from the game.** The player or coach must immediately leave the playing area. Technical fouls assessed for inappropriate behavior by the fans or bench will be assessed to the Head Coach. Officials will fill out an ejection form on the same day.

DISCIPLINARY ACTION

Disciplinary action may be taken against a coach, parent and/or player for violation of the rules or code of conduct. Depending on the severity of the infractions, a recommendation may be made to suspend the individual for the remainder of the season or ban them from all PSA sponsored events. The decision will be made by the PSA Basketball Director and/or the PSA Basketball Board. In some cases, PSA management may review the situation and take action as well. Individuals may meet with the PSA Basketball Board to hear their case with approval of the PSA Basketball Director.

ILLEGAL PLAYERS

- Playing an illegal player could result in suspension of players and/or coaches

FIGHTING



- Fighting will not be tolerated
- Players or coaches, who fight, start or attempt to instigate a fight, will be expelled from further league play.
- There are no refunds to players expelled from the league

PLAYING TIME

Violation of playing time rules is not tolerated. League coordinators will investigate all suspected playing time violations. If it is determined that a coach violated the playing time requirements, then the coach will be counseled on the rules and given a warning. Any further violation will result in an automatic one (1) game suspension.

A coach, who continues to violate the playing time rules, will be brought to the attention of the Basketball Board for disciplinary action. Disciplinary action may result in additional suspension or immediate replacement of the coach.

TECHNICAL FOULS

Two (2) technical fouls against a player or coach will result in ejection from the game. Any ejection also carries an automatic one (1) game suspension. The suspension will be served in the next scheduled game (regular season, tournament or playoff).

CODE OF CONDUCT

- Infractions/violations could result in leaving the game immediately and/or suspended from PSA
- Officials will enforce before, during and after game times
- PSA employees will report any infraction and take the necessary action at the time

PROTESTS

The Basketball Board will only hear protests for ineligible players and mandatory playing time violations. Coaches may not protest a referee's judgment call. During the regular season, all protests must be submitted to the Basketball Director in writing within 48 hours of the game in question. **A protest will not be allowed if the protesting coach did not inform the Referee and opposing coach of the infraction in time for it to be resolved during the game.** During playoffs and tournaments, the time between games does not allow for the normal protest process. The Basketball Director in conjunction with the League Coordinator or other basketball representative will have the authority to rule on the protest.



PSA BASKETBALL PROCEDURES

FORFEITING PROCEDURE

- If a team knows they have to forfeit a PSA Basketball Game more than 4 days in advance:
 - Find a team within the same division to play the game
 - Notify the PSA Basketball scheduler of the team replacing your team at scheduler@psaplano.org
 - Notify the opposing coach that you are forfeiting the game and that there will be a team from the same division playing instead
 - If a team cannot be found, then contact the opposing coach and the Basketball scheduler at least 24 hours before game time

- If for some reason a team must forfeit a game at the last minute (within 24 hours of game time):
 - Contact the opposing coach
 - Send an email to the PSA Basketball scheduler and Basketball director
 - Contact the PSA Customer Service desk at 972-208-5437

Note: The game score will be recorded as 2 to 0 for all forfeited games. All coaches should have received a list of teams, coach's names, and emails that are your division from the league coordinator

GAME SWAP PROCEDURE

Schedule Conflicts should be limited to those situations where a team is unable to fill the minimum number of players (4) and would otherwise be forced to forfeit. **In all other cases the games should be played as published.**

Please follow these guidelines for resolving scheduling conflicts.

Step 1: Determine any scheduling conflict well in advance.

- Forfeited games will not be rescheduled.
- If a team is unable to field at least 4 players at game time then they must forfeit the game. Please refer to the [Forfeiting Procedure](#) to forfeit your game



Step 2: Coordinate an opponent or game time swap with another team from within your division.

- Coaches should contact, via e-mail or phone, the other teams in their division. Please coordinate these swaps on your own. Opponent swaps only require the agreement of the two coaches switching games.
- Game time swaps require that all four coaches' agree with the change and are more difficult to accomplish than one team swapping with another.
- Note: *swapping opponents may result in playing a team more than once or not playing a team at all.*
- After arranging the swap, email the basketball scheduler at scheduler@psaplano.org and they will update the online schedules to reflect the change.
- Coaches must notify the PSA Scheduler or PSA Basketball Director before noon on Thursday
- In the event that you are unable to arrange a swap and will be forfeiting the game, e-mail the coach you are playing and he/she may attempt to arrange an alternative opponent for the game, in order to avoid both teams losing a game. It will still be counted as a forfeit, but one team gets to play an extra game and the other team gets to play and not just win by forfeit.

DIVISION SWAP REQUEST

A team could be doing really well or not so well playing in a basketball division and is reviewed by PSA to determine if teams should move to a different division. The PSA Basketball Director and the league coordinators will review the standings after second played game to determine if any teams should move up or down. Coaches can request to be moved down or up by send an email to their league coordinator. If a team is a candidate to be moved, then PSA will solicit those teams that need to move based on their standings. In some cases, PSA may force teams to swap based on their standings.

Before a swap is completed, both coaches must review each other's basketball game schedule to identify any conflicts. If there are no conflicts or conflicts that can be resolved, then the swap can take place. Each team will take over each other's schedule.

If a division swap is not possible at the time, then later in the season the standings can be reviewed again for a possible swap.

Process to swap divisions:

- Send an email to your league coordinator and basketball director
- Standings will be reviewed to identify possible teams
- Teams will be emailed
- Possible teams will review their schedules for any conflicts
- Two teams agree and assume the other team's schedule



RECREATIONAL GRADES

MINI LEAGUE: KINDERGARTEN, 1ST AND 2ND GRADE SPECIFIC RULES

BASKET HEIGHT

- Eight Feet (8ft)

BALL SIZE

- Junior Ball (27" or 27.5")

MANDATORY PLAYING TIME REQUIREMENTS

Teams with ten (10) or less players: Each player must play at least one (1) full quarter from start to finish in each half.

Teams with more than ten (10) players: Each player must play one (1) full quarter from start to finish in the game and no player may play in more than one (1) quarter in each half.

These rules may be waived under the following circumstances.

- If a player arrives after the start of the game but before the start of the second half, the coach must play the player one (1) full quarter from start to finish in the second half and is not obligated to play the player in the first half.
- If a player arrives after the start of the second half, the coach is not obligated to play the player.
- A player can be substituted anytime during the game if a player is ill or injured

DEFENSIVE PRESSURE

- No defensive pressure in the backcourt
- Once ball control has been established on a rebound, the defensive team must release
- Initial defensive pressure is not allowed until the ball passes an imaginary line at the top of the key (the yellow line will be used for games at the PSA 1st Center).
- **The team on offense must make a timely (5 seconds) attempt to advance the ball across the line at the top of the key, or the referee will call a closely guarded violation and award the ball to the other team.**



- After the initial penetration, defensive pressure is allowed to continue until change of possession
- Defensive pressure violations will result in the ball being given back to the offensive team.

FOUL SHOTS

- Taken from the bottom of the key.

THREE-SECOND LANE VIOLATIONS

- Violations are not called

TECHNICAL FOULS

- Not called on players. They may be called on the coaches.

GAMES

- No Overtime Games

THREE POINT SHOTS

- Shots made behind the three-point line will not count as three points but as two

JUNIOR LEAGUE: 3RD AND 4TH GRADE SPECIFIC RULES

BALL SIZE

- 3rd Grade: Junior Ball (27" or 27.5")
- 4th Grade: Intermediate Ball (28.5")

MANDATORY PLAYING TIME REQUIREMENTS:

- **Applies to all divisions**
- Each player must play at least one (1) full quarter from start to finish in the first half unless you have more than 10 players. **Players must play in both halves.**
- To meet the playing time rules, there is no substitution in the first (1st) Quarter as well as the Second (2nd) Quarter when there are Ten (10) players. If less than Ten (10) players, then substitution can happen in the Second (2nd) Quarter. If more than Ten (10) players, then substitution must happen in the Second (2nd) Quarter.



- These rules may be waived under the following circumstances.
 - a. If a player arrives after the start of the game but before the start of the second half, the coach must play the player one (1) full quarter from start to finish in the second half and is not obligated to play the player in the first half.
 - b. If a player arrives after the start of the second half, the coach is not obligated to play the player.
 - c. A player can be substituted anytime during the game if a player is ill or injured

DEFENSIVE PRESSURE

- 3rd Grade
 - No defensive pressure in the backcourt
 - Once ball control has been established on a rebound, the defensive team must release
- 4th Grade
 - Full court defensive pressure is permitted only in the second half of the game
 - No back court when up by 15 points
- Defensive Pressure violations will result in the ball being given back to the offensive team
- The third defensive pressure violation results in a technical foul, two (2) free throws

FOUL SHOTS:

- 3rd Grade Boys & Girls
 - Foul shots are taken halfway between the bottom of the key and the regulation free throw line
- 4th Grade Girls & Boys
 - Foul shots are taken from the regulation free throw line.

THREE-SECOND LANE VIOLATIONS:

- 3rd Grade
 - Three-second lane violations are **not** enforced.
- 4th Grade
 - Three-second lane violations are enforced.

THREE POINT SHOTS

- Shots made behind the three-point line will count as three (3) points.



INTERMEDIATE LEAGUE: 5TH AND 6TH GRADE SPECIFIC RULES

Regular Basketball Rules apply unless specified below

BALL SIZE

- Intermediate Ball (28.5")

MANDATORY PLAYING TIME REQUIREMENTS

- Applies to all divisions
- Each player must play at least one (1) full quarter from start to finish in the first half unless you have more than 10 players. **Players must play in both halves.**
- To meet the playing time rules, there is no substitution in the first (1st) Quarter as well as the Second (2nd) Quarter when there are Ten (10) players. If less than Ten (10) players, then substitution can happen in the Second (2nd) Quarter. If more than Ten (10) players, then substitution must happen in the Second (2nd) Quarter.
- These rules may be waived under the following circumstances.
 - a. If a player arrives after the start of the game but before the start of the second half, the coach must play the player one (1) full quarter from start to finish in the second half and is not obligated to play the player in the first half.
 - b. If a player arrives after the start of the second half, the coach is not obligated to play the player.
 - c. A player can be substituted anytime during the game if a player is ill or injured

DEFENSIVE PRESSURE

- 5th Grade
 - Full court defensive pressure is permitted only in the second half of the game
 - No back court when up by 15 points
- 6th Grade
 - Full court defensive pressure is permitted for the entire game.
 - No back court when up by 15 points
- Defensive pressure violations will result in the ball being given back to the offensive team
- The third defensive pressure violation results in a team technical foul, two (2) free throws



SENIOR LEAGUE: 7TH THROUGH 12TH GRADE SPECIFIC RULES

BALL SIZE:

- Girls: Intermediate Ball (28.5")
- Boys: Official Regulation Ball (29.5")

MANDATORY PLAYING TIME REQUIREMENTS

- Applies to all divisions
- Each player must play at least one (1) full quarter from start to finish in the first half unless you have more than 10 players. **Players must play in both halves.**
- To meet the playing time rules, there is no substitution in the first (1st) Quarter as well as the Second (2nd) Quarter when there are Ten (10) players. If less than Ten (10) players, then substitution can happen in the Second (2nd) Quarter. If more than Ten (10) players, then substitution must happen in the Second (2nd) Quarter.
- These rules may be waived under the following circumstances.
 - a. If a player arrives after the start of the game but before the start of the second half, the coach must play the player one (1) full quarter from start to finish in the second half and is not obligated to play the player in the first half.
 - b. If a player arrives after the start of the second half, the coach is not obligated to play the player.
 - c. A player can be substituted anytime during the game if a player is ill or injured

DEFENSIVE PRESSURE

- 7th Grade and Above
 - Full court defensive pressure is permitted for the entire game.
 - No back court when up by 15 points
- Defensive pressure violations will result in the ball being given back to the offensive team
- The third defensive pressure violation results in a team technical foul, two (2) free throws



SELECT LEAGUE

The select league will have A, B, and C divisions if there are enough teams within the grade. Teams must play in the highest division that best fits their skill level. Any team that plays in a lower division and wins games by a large margin will be moved to a higher division.

RULES

Regular Basketball Rules apply unless specified below

PLAYING TIME REQUIREMENTS

- No playing time requirements

GAME DURATION

- 2 - 20 Minutes halves – Running Clock
- Stopped clock in last 2 minutes in each half

FREE THROWS

- **A player occupying a marked lane space may enter the lane on the release of the ball by the free throw shooter.**
- **All other players may enter the lane when the ball hits the rim.**

BALL SIZE

- 4th, 5th and 6th Grade Boys
 - Intermediate Ball (28.5")
- 7th to 9th Grade Boys
 - Official Regulation Ball (29.5")
- 4th – High School Girls
 - Intermediate Ball (28.5")



NFHS RULE CHANGES

2014-2015 RULE CHANGES

4-19-3d: Intentional fouls include but are not limited to: Excessive contact with an opponent while the ball is live or until an airborne shooter returns to the floor.

9-1-4g: A player occupying a marked lane space...may enter the lane on the release of the ball by the free throw shooter.

10-6-12 NEW: The following acts constitute a foul when committed against a ball handler/dribbler:

- a) Placing two hands on the player.
- b) Placing an extended arm bar on the player.
- c) Placing and keeping a hand on the player.
- d) Contacting the player more than once with the same hand or alternating hands.