



Winter Break Camps

2017-2018

PSA1
6500 Preston Meadow
Plano, Tx 75024

PSA Murphy
330 N. Murphy Road
Murphy, Tx 75094

PSA McKinney
7205 Eldorado
McKinney, Tx 75070

**PSA Winter Camps will be held at PSA1, PSA Murphy and PSA McKinney:
Please look closely at each camp for dates, times and locations**

FlexiPass Camps

FlexiPass includes lots of physical activity and the classic favorite sports such as basketball, indoor soccer, and kickball, while offering new games like capture the flag, Bumper Balls and other events. We also have plenty for the non-sport lovers like arts and crafts and board games. We don't do it all day but it is used to give the kids a rest from all the running around they will be doing. This is the camp you know and love with excellent staff, resources, and facilities, but improved to make every day different and exciting. FlexiPass is held indoors at PSA1, PSA McKinney and PSA Murphy with lunch and one snack included in the fee. A ratio of 10 campers to one counselor is maintained at all times if not better. FlexiPass kids are grouped according to age level for safety and fun.

PSA1	Ages 5-14	Dec 21-22, Dec 26-29 and Jan 2, 3	9:00am-4:00pm	Price: \$45/day
PSA Murphy	Ages 5-14	Dec 21-22, Dec 26-29 and Jan 2, 3	9:00am-4:00pm	Price: \$40/day
PSA McKinney	Ages 5-14	Dec 26-29 and Jan 2-5	9:00am-4:00pm	Price: \$40/day

All Inclusive FlexiPass - Must Purchase All 8 days-No refunds

PSA1	Ages 5-14	Dec 21-22, Dec 26-29 and Jan 2, 3	7:30am-6:00pm	Price: \$450
PSA Murphy	Ages 5-14	Dec 21-22, Dec 26-29 and Jan 2, 3	7:30am-6:00pm	Price: \$425
PSA McKinney	Ages 5-14	Dec 26-29 and Jan 2-5	7:30am-6:00pm	Price: \$425

Before/After Care

For the working parent

All	Ages 5-14	All open days	7:30-9:00am/4:00-6:00pm	Price: \$14/day
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½ Day Flexi add on - Must Register with a Sport Camp or Activity

This ½ Day Flexi add on CAN ONLY BE USED WHEN PURCHASING a ½ Day Sport Camp OR Activity. **WE DO NOT OFFER ½ DAY FLEXI CAMP BY ITSELF.** Campers registered in a 1/2 day Sports Camp or an Activity Camp may purchase a ½ Day Flexi add on to complete the day. Campers will attend their Sports Camp or Activity Camp and before/after spend the remainder of the day having fun in FlexiPass Camp.

PSA1	Ages 5-14	Dec 21-22, Dec 26-29 and Jan 2, 3	9:00am-1pm or 11:30am-4pm	Price: \$26 per day
PSA Murphy	Ages 5-14	Dec 21-22, Dec 26-29 and Jan 2, 3	9:00am-1pm or 11:30am-4pm	Price: \$26 per day
PSA McKinney	Ages 5-14	Dec 26-29 and Jan 2-5	9:00am-1pm or 11:30am-4pm	Price: \$26 per day

Sports Camps

Basketball Camp - Age 5-12- Basic skill improvement with scrimmaging.

These half day camps will develop and improve basketball skills including shooting, rebounding, dribbling, passing, and team concepts. A snack is included in the fee. Campers do not need to bring a ball or a water bottle. Make it a full day with a ½ Day FlexiPass add on.

Ages 5-12	Dec 26-29	8:30-11:30am	PSA1	Price: \$108
Ages 5-12	Dec 26-29	1:00-4:00pm	PSA McKinney	Price: \$108
Ages 5-12	Jan. 2-5 th	1:00-4:00pm	PSA McKinney	Price: \$108
Ages 5-12	Dec 26-29	1:00-4:00pm	PSA Murphy	Price: \$108

Elite Basketball Middle School Camp - 5th grade - 8th grade- This option is offered at PSA 1. Higher level players

This camp is designed for boys and girls who have played upper “B” level or “A” level of play in their leagues. This camp will focus on teaching team concepts so the players will have a better understanding of what it takes to make a school team. The concepts that will be taught are; full and half court pressure defense, motion offense, zone offense, set plays, set inbound plays and last second winning plays. The campers will spend the first hour doing skills work, the second hour working on team concepts and will finish up with at least a 40 minute scrimmage. These players will be pushed so they can understand what they will encounter when they try out for their school team. Make it a full day with a ½ Day Flexi add on.

Ages 5-12	Dec 26-29	8:30-11:30am	PSA1	Price: \$108
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Volleyball Camp- Age 5-12- Basic skill improvement with scrimmaging.

Come join PSA for a half day volleyball camp. Campers will be divided into groups according to skill level and age. They will be taught the fundamental skills including serving, setting, blocking and hitting. Beginners and experienced players invited. Campers do not need to bring balls or water bottles. We do recommend knee pads if you have them. A snack is included in the fee. Make it a full day with a ½ Day Flexi add on.

Ages 5-12	Dec 26-29	1:00-4:00pm	PSA1	Price: \$108
Ages 5-12	Dec 26-29	8:30-11:30am	PSA McKinney	Price: \$108
Ages 5-12	Jan. 2-5 th	8:30-11:30am	PSA McKinney	Price: \$108
Ages 5-12	Dec 26-29	8:30-11:30am	PSA Murphy	Price: \$108

Soccer Camp-Age 5-12- Age 5-12- Basic skill improvement with scrimmaging.

Instructed by former players, coaches and some select and collegiate players. This camp will cover the fundamentals of dribbling, passing and shooting, as well as ball control. A snack is included in your fee. No cleats will be allowed on the turf, shin guards with long socks required. Balls will be provided and you don't need a water bottle. Make it a full day with a ½ Day Flexi add on.

Ages 5-12	Dec 26-29	8:30-11:30am	PSA1	Price: \$108
Ages 5-12	Dec 26-29	1:00pm-4:00pm	PSA McKinney	Price: \$108

Ages 5-12	Jan. 2-5 th	1:00pm-4:00pm	PSA McKinney	Price: \$108
Ages 5-12	Dec 26-29	1:00-4:00pm	PSA Murphy	Price: \$108

Weapons/ Weapons Design/Light Saber Jedi Training Camp

This camp will allow participants to experience a variety of Martial Arts weapons in an age appropriate setting of safety and fun. Students will have the opportunity to work with Bo staff & Nunchuckas with a camp instructor. Students not only learn how to properly use each weapon (all weapons are padded), but they will also learn about the origin and history of each weapon.

Ages 5-12	Dec. 26-29 (4 days)	8:30-11:30am	PSA1	Price: \$148
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Martial Arts Belt Camp- This option is offered at PSA 1.

PSA Martial Arts Academy instructs campers in developing traits such as confidence, self-discipline, better listening skills, honesty, integrity and much more. Earn a belt in one week. You will learn all the skills you need to jump to the next belt color. Five days of instruction and a snack is included in the fee. Make it a full day with a ½ Day Flexi add on.

Ages 5-12	Dec. 26-29	1:00-4:00pm	1:00-4:00pm	Price: \$148
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Enrichment Camps

Arts and Crafts Camp

If your child likes to be creative, this is the class for them. Each week the kids will get to experience multiple types of arts and crafts from free drawing, painting, building a structure out of Popsicle sticks, lanyard projects, tie dying and much, much more. Every day your child will come home with something new they created themselves and can display for the entire family to enjoy. A snack is included in the fee. Make it a full day with a ½ Day Flexi add on.

Ages 5-12	Dec 26-29	8:30-11:30am	PSA1	Price: \$108
Ages 5-12	Dec 26-29	1:00-4:00pm	PSA McKinney	Price: \$108
Ages 5-12	Jan. 2-5 th	1:00-4:00pm	PSA McKinney	Price: \$108
Ages 5-12	Dec 26-29	1:00-4:00pm	PSA Murphy	Price: \$108

Science Camp

In this class campers will get hands on experience in Science projects. From Kinetic Loco motor skills to Chemistry, campers will get to have fun learning some of the basic Science facts

Ages 5-12	Dec 26-29	1:00-4:00pm	PSA1	Price: \$108
Ages 5-12	Dec 26-29	8:30-11:30am	PSA McKinney	Price: \$108
Ages 5-12	Jan. 2-5 th	8:30-11:30am	PSA McKinney	Price: \$108
Ages 5-12	Dec 26-29	8:30-11:30am	PSA Murphy	Price: \$108

Enrichment Chess Fun Day: Join us for a fun afternoon of chess in many varieties. Students will get a chance to meet new friends and play regular games, Bug House, Giant Chess, and other novelty boards. All levels of experience are welcome. Group lessons and chances for personal coaching also provided. Ages 6-13.

Ages 6-13	December 21	1:00-4:00pm	PSA Murphy	Price: \$45
Ages 6-13	December 22	1:00-4:00pm	PSA Murphy	Price: \$45

Enrichment Chess Winter Camp: Critical thinking is always in season! Join us for a fun week of chess over the holidays. Students will expand their repertoire of strategies and tactics while improving their position during the game. There will also be opportunities to play Giant Chess and an in-class tournament at the end of the week for a chance to play for trophies. All levels of experience are welcome. Group lessons and chances for personal coaching also provided. Ages 6-13.

Ages 6-13	Jan 2-5th	1:00-4:00pm	PSA McKinney	Price: \$180
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How to register:

- Go to psaplano.org and click on MySam Login
 - If you have a MySAM profile; sign on with your user name and password
 - If you do not have a MySam profile; enter your email under New Customer Registration and click the Sign Up button you will then be prompted to create an account.
- Call PSA at 972-208-5437 to register by phone
- Come to PSA1 or PSA Murphy and register with one of our Customer Service Representatives.



Invite a Friend:

Did you know once you sign up for a camp you can send emails inviting all of your camper's friends? In your MySam account click the invite button! If you need help or instructions call the front desk staff and they can help, 972-208-5437.

PSA CAMP POLICIES

PSA is accredited by the state of Texas as a licensed child care facility and must follow strict standards before allowing any child into our camps. Each child needs to be registered in MySam, and have filled out all online forms, specifically the “**CAMPER INFORMATION FORM**”, before they can attend camp. PSA Camps operate June, July and August; Winter Break and Spring Break. Before Care Opens at 7:30am/After Care Ends at 6pm
Camps are operated at various times between 8:30am-4pm.

Before & After Care Opens at 7:30am and Ends at 6pm

Appropriate Clothes for Camps

Please wear appropriate clothing for an active camp day. We require tennis shoes for court play; no flip flops or sandals. If your child does not wear appropriate shoes, we will have to call you to bring some to PSA, as we cannot let them play activities due to the fact they could hurt themselves. Jeans are not something we recommend for play during the camp day.

Check In, Check Out and Late Pick-Up Policies

1. Before Care check in will not start prior to 7:30 am as we have to assure the facility is prepared to receive children.
2. You are expected to pick your child up no later than 6:00 pm from After Care as PSA is a recreational game facility starting at that time.
3. Parents are given a 15 MINUTE GRACE PERIOD to pick up kids from camp.

4. After that, a \$1 a minute late fee will be charged, payable to PSA.
5. Camp check in will start no earlier than 15 minutes prior to the stated time in the camp brochure for your child's camp.
6. Add-On 1/2 day and Before and After care passes can be purchased to extend your child's camp day at any time, so if you find yourself running late feel, free to call PSA and we can help you out.
7. We highly recommend an adult bring the child into PSA for the morning check-in.
8. There will be computer stations set up for all camp check-ins during the summer.
9. If someone other than the child's parent is responsible for pickup, PSA requires a note from the parent with that person's name.
10. PSA will not release a child to an unapproved person.
11. No child will be allowed to walk out of PSA to a waiting car.
12. Supervisors and staff will stop children who are seen walking out without a parent to make sure they are leaving with one. This is for their safety.

Communication

- PSA communicates mostly through email
- In emergency cases we will make phone calls
- Notices are also posted on the Bulletin Board inside the Gym

Discipline and Guidance Practices

Our understanding is that children participating in competitive situations will not always react in the proper way. We look upon ourselves as teachers and mentors to these kids and will work with them to teach them how to better react to certain situations. It is up to the camp director to decide if or when a child should be removed from camp for disciplinary actions. The campers must respect the counselors and other campers at all times. We will deal with indiscretions on a one-on-one basis. Actions that would be deemed removable offenses from camp on a temporary or permanent basis may include: hitting, biting, bullying, wandering away from their group without permission or not listening to counselors or staff on a continual basis.

1. Discipline must be individualized and consistent for each child, appropriate to the child's level of understanding, and directed toward teaching the child acceptable behavior and self-control.
2. A counselor may only use positive methods of discipline and guidance that encourage self-esteem, self-control, and self-direction, which include at least the following:
 - a. Using praise and encouragement of good behavior instead of focusing only upon unacceptable behavior
 - b. Reminding a child of behavior expectations daily by using clear, positive statements
 - c. Redirecting behavior using positive statements
 - d. Using brief, supervised separation or time out from the group when appropriate for the child's age and development, which is limited to no more than one minute per year of the child's age.

- e. There must be no harsh, cruel, or unusual treatment of any child.

The following types of discipline and guidance are prohibited:

1. Corporal punishment or threats of corporal punishment
2. Punishment associated with food, naps, or toilet training
3. Pinching, shaking, or biting a child
4. Hitting a child with a hand or instrument
5. Putting anything in or on a child's mouth
6. Humiliating, ridiculing, rejecting, or yelling at a child
7. Subjecting a child to harsh, abusive, or profane language
8. Placing a child in a locked or dark room, bathroom, or closet with the door closed;
and
9. Requiring a child to remain silent or inactive for inappropriately long periods of time for the child's age.

Texas Administrative Code, Title 40, Chapters 746 and 747, Subchapters L, Discipline and Guidance

Electronic Devices

We do not recommend or encourage kids to bring electronic devices to camp. With that said, we do understand that many of these children carry cell phones today as a way to communicate with parents when they are not with them. We also realize that these mobile devices also serve as music players and game devices also so they can keep a child's attention for a long period of time. Realizing this we ask that you talk with your child about keeping their device in a secure bag if they feel they must have it with them. We also will only allow these items out during certain parts of the camp day would include before camp begins, rest period and after camp ends while they wait for a parent or guardian to pick them up. The idea of being at our camp is to get away from the electronic devices and to just be kids playing with other kids. We understand the kids enjoy visiting with others about games they have and it is a social ice breaker, but we require the kids to be responsible for their gaming system. PSA will not assume any liability for lost or damaged items. We do recommend once again bringing some sort of carry bag to place any personal items in and to clearly have their name marked on the item.

Food and Nutrition

PSA Provides:

1. A light breakfast is provided to campers registered in the Before Care from 7:30am to 8:30am.
2. Morning snacks are provided in morning camps and in the Finish the Day FlexiPass
3. Lunch is provided to campers that are in Flexi Pass or who have Add on FlexiPass to a ½ day camp.
4. Afternoon Snack for campers that are in a 1:00pm-4:00pm, ½ day camp or FlexiPass.

Menus will be posted daily. We follow the State of Texas School-Aged Program guidelines. Food allergies and religious eating restrictions will be addressed on an individual basis and will require a signed statement from the parents, and an Emergency Plan from the child's doctor. There is to be no outside food or drinks brought into PSA.

Health of the Child

PSA would prefer not to dispense medication. In order for PSA to dispense any medication to a child, parents must complete a form before leaving your child for the day. The form must be clear on the dosage and the time the medication is to be dispensed. It is the parent's responsibility to retrieve the remaining medicine on Friday. All medications left on Friday will be thrown away. If your child is not feeling well, please do not bring them to camp. To protect children from communicable illnesses, campers should be symptom-free for 24 hours before returning to camp.

These include:

- Fever over 100.4 degrees. Campers must be fever free for 24 hours without medication before re-entry.
- Undetermined rash and fever
- Undiagnosed scaly patches
- Nausea, vomiting or diarrhea
- Red, draining eyes
- Intense itching with signs and symptoms of secondary infection
- Open, draining lesions
- Lice, nits on shaft of hair, until treatment is verified

If a child is injured during the camp day, we will treat to the best of our ability within reason. If it is something that needs more than rest or a Band-Aid, the parent or guardian will be contacted as soon as possible. Please make sure to provide emergency contact numbers on your application. In serious injuries, an ambulance will be called. If a child becomes sick during the camp day, we will make every effort to see if rest can help the situation. If any of the above symptoms are present, we will have to contact the parent or guardian and isolate the child from camp.

Immunization Records

The State of Texas requires PSA to have a copy of children's TB test and immunizations. 744.613.

If your child attends school and they have the copies on site, you may sign the waiver on your forms,

- a) You are up to date
- b) School Name, address and phone number.

Refund Policy

Two weeks prior to the start date of the camp – 75% credit to your MySAM account

Within two weeks of the start date of the camp – No refunds, no exceptions (includes injuries, schedule changes, etc...).

FlexiPass Camp – No refunds, no exceptions.

Transportation, Water Activities, Field Trips and Animals

PSA does not normally provide transportation, water activities, and field trips or have animals.

If the case arises, we will require a signed permission slip from the parent. The parent would have all details before occurrence.

Parents Have the Right to:

View Emergency Preparedness Plan

Visit PSA any time during hours of operation without prior approval to observe your child

View the Minimum Standards and the operation's most recent licensing inspection report

Contact: PSA Program Administrator: Craig Sklar- csklar@psaplano.org

PSA Senior Director of Sports: Teresa Federspiel- trfed@psaplano.org

DFPS Licensing Office: 469-229-6900

To Report Suspected Child Abuse: 1-800-252-5400

Texas law requires caregivers to report suspected child abuse or neglect to the Texas Department of

Family and Protective Services or law enforcement.

For the full Parent Guide, please check our website.