

# PSA PreK 3 & PreK 4/5 Soccer Rules - Spring 2021

## Field Dimensions & Game Format

- 20x30 (outdoor)
- 20x30 (indoor arena “tubes”)
- Size 3 ball (game balls provided for indoor leagues. HOME team responsible for game balls in the outdoor leagues).
- Recommended roster size is 10 players
- Playing format is 5v5 (no goalie)
- There is a 3-player minimum required to play an official game.
- Shin guards are required (no exceptions!).

## Referees

- Each PreK game will have 1 referee on the field/turf who will also keep time for the game.
- One coach from each team is also allowed on the turf/field, but this is not required.
- The referee will also facilitate exiting/entering the turf/field and checking for coaching badges prior to the start of the game.

## Game Etiquette

- 2 x 18-minute halves (indoor)
- 3 minutes between halves (indoor)
- 4 x 8-minute quarters (outdoor)
- 3 minutes between quarters (outdoor) and 5 minutes for halftime.
- Each player must be allowed the chance to play 50% of the game.
- Substitutions can be made at any point during the game.
- Every player must wear shin guards covered by socks and tennis shoes/indoor turf shoes (indoor only). Player can wear cleats for outdoor (no “toe” cleat allowed as used in football).
- No warmup before games; Games will begin on time.
- Only coaches with current PSA badges (and listed on the DASH team roster) are allowed on the turf/field and on the sideline (either inside the “tube” wall or outside the bubble wall with the other players).
- Parents must remain in the stands behind the glass wall surrounding the arenas.
- For OUTDOOR leagues, the coaches, parents, and players from one team will be on one side of the field and the coaches, parents and players from the other team will be on the opposite side of the field.

## Rules

The purpose of the referee is to keep the game safe, fair, and moving along. Coaches should encourage players to stay on their feet and to keep their hands to their side. Please try to encourage your players to engage in the game. Do not allow players to stand in front of the goal to stop others from shooting (i.e. play a “goalie”). They certainly can play defense, but please teach the players the difference between a defender and a goalie. **The referee will blow their whistle if they see:**

- A hand ball
- pushing from behind/side/front
- strong body contact
- ball gets stuck in the corners of the “tube” (indoor only)
- Sliding is NOT allowed