



VOLLEYBALL PROGRAM

Plano Sports Authority (PSA) offers the largest youth volleyball program in Texas. Our leagues are powered by the numerous volunteer coaches and team managers who dedicate their time to building up our community. They are supported by League Coordinators, the Volleyball Board, and by our huge team of officials, volleyball supervisors, customer service representatives, site coordinators, and facility staff. PSA's volleyball program offers multiple levels of competition, so there is sure to be a level which fits your child's needs!



VOLLEYBALL

PROGRAMS

CORE LEAGUES

Players new to the sport can find a safe place to learn volleyball in our Core leagues. PSA has rules in place to foster growth, such as a “second chance” serve and lineups which maximize playing time for each team member. Players in 1st through 4th grade all play in our Core leagues. 5th and 6th grade players have the option to play in either Core or Competitive. Leagues are created by grade, with players and teams allowed to play up if desired. Core leagues end once players enter the 7th grade.



COMPETITIVE LEAGUES

Teams and players in 5th and 6th grade have the choice to play in our Competitive or Core leagues. The move from Core to Competitive involves new rules such as the ability to use a libero (a designated backrow player), no limit on the number of points a player can score while serving, and the chance to play a specific position. All players in 7th grade through 12th grade play in Competitive leagues.



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WHAT'S INCLUDED?

PRACTICES

PSA offers every team the opportunity to practice on a full court for one hour a week during the season (summer excluded). These practices are assigned for the full season and include practice volleyballs and a net adjusted to your team's proper height. Coaches get to request the practice time and day of the week (one of the many benefits of coaching), with younger teams given priority for earlier times on weeknights.

REGULAR SEASON MATCHES

All volleyball leagues run for eight (8) weeks, giving teams two full months of competition! Don't have two months straight of free weekends? That's fine! PSA schedules around conflicts when possible, allowing each team the opportunity to request a set number of weekends off per season. Each match consists of three games. Competitive teams play two (2) games to 25 and one (1) game to 15 each match, and Core teams play three (3) 15-minute games on gameday. Top teams from each division are named League Champions and receive trophies for their achievement!

TOURNAMENTS

Every PSA Volleyball League ends with a post-season tournament. Teams play in pools based on their season ranking before entering single-elimination bracket play. Here teams are able to face-off against each other one final time to battle it out for the 1st place trophy! 2nd place teams don't leave empty-handed, though! PSA awards medals to these competitors for a hard-fought match.



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DIVISIONS

DIVISIONS AND PLAYING LOCATIONS

Depending on the size of a league, teams may be split into divisions. PSA Volleyball uses three divisions, Blue (upper), Red (middle), and White (lower). Typically, if there are 10 or more teams and a clear distinction between skill sets (based on results from previous seasons with PSA and coach requests) teams will be split into divisions when appropriate. Our 4th grade league in Plano, for example, may be split into a Blue Division and Red Division. We do this to offer a better fit for teams when possible; growth comes from being challenged just the right amount!

Volleyball leagues typically play at our PSA 1, PSA McKinney, and PSA Murphy locations. If we do not have enough teams to form a division in one location, we will combine them with teams from another location. To determine playing location for combined divisions, PSA sets the playing location based on the home team. If McKinney and Murphy teams are grouped into the same league, they will play in Plano to reduce travel time for each team.





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REGISTRATION

INDIVIDUAL REGISTRATION

New to the area? Want your child to try a new sport? Looking for a new team? When you sign your child up as an individual, PSA's [League Coordinators](#) identify matches for players based on friend requests, neighborhood schools, team requests and self-determined skill level. When placing players on a team based on skill, we look at the existing team's prior seasons and do our best to match individual registrants who have a skill level consistent with the rest of the team.

If rosters are full and there are enough players in individual registration, a team will be created and PSA will try to find a parent volunteer to coach. Often times, once a head coach is identified there are other parents willing to help with administrative tasks like ordering uniforms or who can assist the coach during matches. Individual registration can be completed [here](#) by signing into or creating a DASH account with PSA, selecting "Registration" for your player, clicking on "Teams and Leagues" and selecting "Join a Team." From this page you will be able to search for volleyball leagues based on area and grade level.





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SIGN UP A TEAM

SIGN UP A NEW TEAM

Want to start a team with PSA? Sign in to or create a DASH account with PSA [here](#), select "Registration" for your player, click on "Teams and Leagues" and select "Register a Team." From here you will enter information about your team to help us place you in the correct league. Please note that if you will have players from multiple grades, your team will need to play in the grade of the oldest player.

SIGN UP A TEAM FROM A PREVIOUS SEASON

Returning coaches can move their roster from a previous season to the upcoming season by calling PSA and asking to export their team once registration opens. Have some players unable to play? Want to add a new player to the team? Just login to your DASH account and you can manage your roster from there, or PSA can make those updates for you!





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FACILITIES

PSA 1 - 6500 Preston Meadow Drive, Plano, TX 75024

PSA 1 is our original facility! This location houses 15 volleyball courts, a mezzanine for relaxing and viewing games on select courts, concessions with a wide variety of food and drinks to choose from, and plenty of bleacher seating to get a good view of the action on game days!

PSA 2 - 601 Seabrook Drive, Plano, TX 75023

Home of [STORM Volleyball Club](#) and used as a volleyball practice and tournament facility, PSA 2 has eight volleyball courts, concessions, and is a central location for many of our teams.

PSA MCKINNEY - 7205 Eldorado Parkway, McKinney, TX 75070

Our newest facility, PSA McKinney has eight volleyball courts divided by a central walkway with seating for easy viewing during matches in addition to bleacher seating at each court. A dining area in the middle of our playing areas makes for a great place to grab a snack from our concessions without having to miss out on the action!

PSA MURPHY - 330 North Murphy Road, Murphy, TX 75094

Serving families in the Murphy, Wylie, Sachse, Garland and surrounding areas, PSA Murphy houses eight courts and features the same quality concessions you can find at any of our other facilities. PSA Murphy is home to the annual Lone Star Circle of Champions tournament, which features top talent from across the state.



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GET INVOLVED

VOLUNTEER TO COACH

PSA is always looking for coaches! Every season we have to disband teams because we are unable to find coaches, and one of the main reasons parents are unable to volunteer is because they feel there isn't enough time to get everything organized. One of our biggest recommendations? Sign up early! Letting PSA know you're interested in coaching early on gives you a head start on the season. You'll be able to request practice times which work with your schedule, get all of the paperwork done before the season starts, request players for your team, and with a full roster: guarantee that your child gets to play. PSA has a [Guide for New Volleyball Coaches](#) to help you get started!



VOLUNTEER AS TEAM MANAGER

Not everyone has a schedule which allows them the opportunity to be a coach. If you're still interested in helping out, consider being a team manager for your child's team! Team managers play a vital role in the success of a season and can help by organizing the team's uniform order, coordinating available practice times, and more.



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SO... WHY PSA?

FUN

Serving overhand for the first time. Creating handshakes with a teammate. Winning the championship at the post-season tournament. These are the moments when lifelong memories are made. But it doesn't stop at our players! PSA is fun for parents, too. Parents and other volunteers get a tremendous amount of satisfaction from coaching, helping out with their child's team, and cheering on game days!

FRIENDSHIPS

Playing a team sport gives children a group to be a part of. This benefits children's wellbeing and helps them develop social skills in an environment focused on growth and development. At PSA we match players to teams where they can play alongside classmates and friends, giving them the chance to build their friendships outside of school hours. Take a look at any team in our program and you're bound to see players giving high fives, cheering, supporting, and encouraging one another.

COMPETITION

With nearly 300 teams in our largest season, it's easy to see that PSA is a great place to find some competition! When your child is facing a greater number of teams, they'll encounter different styles of play, be exposed to new techniques and tactics, and will face a wide variety of competitors! While our PSA Volleyball leagues run year-round and many teams play all four seasons with us, some teams will use our leagues to prepare for school or club teams or to stay in shape during the school off-season. This ups our level of competition and we say... bring it on!



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THE FINE PRINT

REFUND POLICY

If you decide you are unable to play with PSA after you register your child, we can give you a 75% credit to your account if you cancel before registration closes (date listed on website under specific season). Once registration closes, PSA does not offer refunds if you are placed on a team or are unable to play for [any reason](#). However, if PSA cannot find a team for your child, or if we create a team but cannot find a parent to volunteer and coach, PSA gives you a full refund! We will keep your child on a waitlist until the second week of the season just in case a space opens. Once that time in the season has passed, we begin the process of issuing refunds and you should expect your refund in one to two weeks following our refund date.





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