

PSA Winter Camps
Bringing joy to your holiday
December 26-29, 2023
January 2-5, 2024
www.psaplano.org

Winter Break Camps

2023

PSA1
6500 Preston Meadow
Plano, TX 75024

PSA McKinney
7205 Eldorado Pkwy
McKinney, TX 75070

PSA Murphy
330 N Murphy Rd
Murphy, TX 75094

FlexiPass Option

We've added a variety of activities to make our camps well-rounded, for a larger, broader range of kids' needs. FlexiPass is a flexible camp where kids get to meet new friends and form lasting relationship all while playing various gym games and sports.

Campers will want to return day after day instead of staying home playing video games or watching TV. From board games to arts and crafts, we will offer many options to go along with indoor sports that keep those heart rates pumping! Typical sports include basketball, soccer, volleyball, dodgeball, floor hockey, flag football and much more. Lots of planned winter theme days will be included.

FlexiPass is held indoors at the PSA1, Murphy and McKinney with lunch and snacks included in the fee. A ratio of no more than 10 campers to one counselor is always maintained. FlexiPass kids are grouped according to age level for safety and our camp guidelines. **AGES: 5-year old's who are enrolled in school up to 12-year old's.** Lunch and Snack Included - Early birds arriving before 8:30am also receive a light breakfast!

Week 1 - Dec 26-29 (4 days)	9:00am-4:00pm	\$220
Week 2 – Jan 02-05 (4 days)	9:00am-4:00pm	\$220
Flexi Daily Drop-In Rate/ Pass	9:00-4:00pm	\$55

Additional Add-On's:

Before/After Care Add-On when you need early drop off or late pick up.

For the working parent	7:30-9:00am/4:00-6:00pm	\$13 a day
------------------------	-------------------------	-------------------

Lunch Care Add-On when you are purchasing dual camps for AM/PM

Lunch/Child Care for dual camps	11:30-1:00pm	\$13.75 a day
---------------------------------	--------------	----------------------

Ages 5-12 Lunch Care is for Campers that have a morning Sport or Activity Camp and an afternoon Sport or Activity Camp – 2 ½ Day camps. PSA will bridge the gap and feed them.

Ex. Morning Soccer camp 8:30-11:30am.

Ex. Lunch Add On from 11:30-1:00pm.

Ex. Afternoon Basketball camp 1:00-4:00pm

Finish the Day FlexiPass - Register for this along with ½ day Sport or Activity Camp

This Add On **CAN ONLY BE USED WHEN PURCHASING A 3-hour SPORT OR ACTIVITY CAMP. WE DO NOT OFFER Finish the Day FlexiPass BY ITSELF.** Campers registered in a 1/2-day Sports Camp, or an Activity Camp may purchase a Finish the Day FlexiPass to complete the day. Campers will attend their Sports or Activity Camp and spend the other half of the day having fun with **Finish the Day FlexiPass.**

Ages 5-12 (makes your day 9am-4pm)	Week 1	\$140
Ages 5-12 (makes your day 9am-4pm)	Week 2	\$140

Ex. Morning Soccer camp 8:30-11:30am.

Ex. Finish the day Add on (Flexi Care) 11:30am-4:00pm.

Half-Day Sport/Activity Camps

Basketball Camp - Age 6-12- Basic skill improvement with scrimmaging.

These half day camps will develop and improve basketball skills, including shooting, rebounding, dribbling, passing, and team concepts. The players will be broken up based on the criteria that takes into account age, skill level and when possible, we will have boys and girls split up if our numbers allow. We use many of our School Tryout Prep Program and Skills coaches in this camp and will teach the kids what they need to start on their journey to achieve the highest level of success in basketball. A snack is included in the fee. Campers do not need to bring a ball or a water bottle. Please make note on where the camp is held as we will use PSA 1, PSA McKinney, and Murphy. Make it a full day with a **Finish the Day FlexiPass Add-On**.

PSA1	Week 1- Dec 26-29 (4 days)	1:00-4:00pm	\$124
PSA1	Week 2-Jan 02-05 (4 days)	1:00-4:00pm	\$124
PSA Murphy	Week 1- Dec 26-29 (4 days)	8:30-11:30am	\$124
PSA Murphy	Week 2-Jan 02-05 (4 days)	8:30-11:30am	\$124
PSA McKinney	Week 1- Dec 26-29 (4 days)	8:30-11:30am	\$124
PSA McKinney	Week 2-Jan 02-05 (4 days)	8:30-11:30am	\$124



Volleyball Camp- Age 6-12yrs - Basic skill improvement with scrimmaging.

Come join PSA for a half day volleyball camp. Campers will be divided into groups according to skill level and age. They will be taught the fundamental skills including serving, setting, blocking, and hitting. Beginners and experienced players invited. Campers do not need to bring balls or water bottles. We do recommend knee pads if you have them. A snack is included in the fee. Please make note on where the camp is held as we will use PSA 1, PSA McKinney, and Murphy. Make it a full day with a **Finish the Day FlexiPass Add-On**.

PSA1	Week 1- Dec 26-29 (4 days)	8:30-11:30am	\$124
PSA1	Week 2-Jan 02-05 (4 days)	8:30-11:30am	\$124
PSA Murphy	Week 1- Dec 26-29 (4 days)	1:00-4:00pm	\$124
PSA Murphy	Week 2-Jan 02-05 (4 days)	1:00-4:00pm	\$124
PSA McKinney	Week 1- Dec 26-29 (4 days)	1:00-4:00pm	\$124
PSA McKinney	Week 2-Jan 02-05 (4 days)	1:00-4:00pm	\$124



Soccer Camp-Age 6-12yrs - Basic skill improvement with scrimmaging.

Instructed by high school coaches, club coaches and some of the best select and college level players, this camp will teach the fundamentals of dribbling, passing and shooting as well as ball control. Campers play a game against the coaches on the last day of camp, so bring your camera! Basic Camp is for Ages 5-13. Shin guards with long socks are required. We will provide a snack, which is included in the fee. Campers do not need to bring a ball. Please make note on where the camp is held as we will use PSA 1, PSA McKinney, and Murphy. Make it a full day with a **Finish the Day FlexiPass Add-On.**

No cleats allowed.

PSA1	Week 1- Dec 26-29 (4 days)	8:30-11:30am	\$124
PSA1	Week 2-Jan 02-05 (4 days)	8:30-11:30am	\$124
PSA Murphy	Week 1- Dec 26-29 (4 days)	1:00-4:00pm	\$124
PSA Murphy	Week 2-Jan 02-05 (4 days)	1:00-4:00pm	\$124
PSA McKinney	Week 1- Dec 26-29 (4 days)	1:00-4:00pm	\$124
PSA McKinney	Week 2-Jan 02-05 (4 days)	1:00-4:00pm	\$124



Dance Camp Ages 6-12yrs- Basic Introduction to Dance to keep you motivated this winter

Let's Dance and get your body moving to the latest hits. Campers will focus on traditional dance techniques and conditioning, all while learning various mini routines in a fun environment. Campers will then perform their showoffs at the end of the week! No experience necessary. We will provide a snack, which is included in the fee. Please make note where the camp is held as we will use PSA 1, PSA McKinney, and Murphy. Make it a full day with a **Finish the Day FlexiPass Add-On.**

PSA1	Week 1- Dec 26-29 (4 days)	1:00-4:00pm	\$124
PSA1	Week 2-Jan 02-05 (4 days)	1:00-4:00pm	\$124
PSA Murphy	Week 1- Dec 26-29 (4 days)	8:30-11:30am	\$124
PSA Murphy	Week 2-Jan 02-05 (4 days)	8:30-11:30am	\$124
PSA McKinney	Week 1- Dec 26-29 (4 days)	8:30-11:30am	\$124
PSA McKinney	Week 2-Jan 02-05 (4 days)	8:30-11:30am	\$124



PSA Pickleball Camp 7-12yrs- Come learn all about the new

Dink in the New Year with our pickleball camps! Pickleball is a fun for all, activity that anyone can play. Our pickleball camp is for any skill level. Campers will learn the rules to play, along with basic strategy and gameplay. At the end of the week there will be a round-robin style tournament. Make it a full day with **Finish the Day FlexiPass Add-On.**

PSA1	Week 1- Dec 26-29 (4 days)	1:00-4:00pm	\$124
PSA1	Week 2–Jan 02-05 (4 days)	8:30-11:30am	\$124



Arts and Crafts Camp 6-12yrs - Winter/ Holiday Crafting

If your child likes to be creative, this is the class for them. Each week the kids will get to experience multiple types of arts and crafts from free drawing, painting, building a structure out of Popsicle sticks, lanyard projects and much, much more. Every day your child will come home with something new they created themselves and can display for the entire family to enjoy. We will provide a snack, which is included in the fee. Please make note on where the camp is held as we will use PSA 1, PSA McKinney, and Murphy. Make it a full day with a **Finish the Day FlexiPass Add-On.**

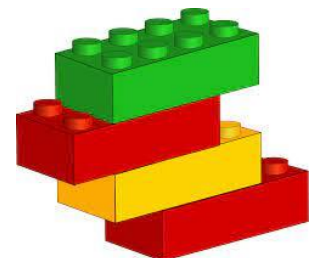
PSA1	Week 1- Dec 26-29 (4 days)	8:30-11:30am	\$124
PSA1	Week 2–Jan 02-05 (4 days)	8:30-11:30am	\$124
PSA Murphy	Week 1- Dec 26-29 (4 days)	1:00-4:00pm	\$124
PSA Murphy	Week 2–Jan 02-05 (4 days)	1:00-4:00pm	\$124
PSA McKinney	Week 1- Dec 26-29 (4 days)	1:00-4:00pm	\$124
PSA McKinney	Week 2–Jan 02-05 (4 days)	1:00-4:00pm	\$124



PSA Lego Spike Camp 6-12yrs- Let's Build it Together

Play with a Purpose. Our entry level robotics course is designed for kids to explore and experience the basics of robotics. Using Lego Spike, students will learn how to construct and program robots to perform simple tasks. Ages 7 up are welcome to join. Make it a full day with **Finish the Day FlexiPass Add-On.**

PSA1	Week 1- Dec 26-29 (4 days)	8:30-11:30am	\$124
PSA Murphy	Week 2–Jan 02-05 (4 days)	1:00-4:00pm	\$124
PSA McKinney	Week 1- Dec 26-29 (4 days)	1:00-4:00pm	\$124





Minecraft: Modding Adventure | Ages 7-12: Campers will learn how to make Mods (modifications) for one of their favorite games: Minecraft. Learning to mod in Minecraft is a gateway to an adventure of creativity in computer skills that can be taken from video games to the real world.

PSA1	Week 1 Dec 26-29 (4 days)	8:30-11:30am	\$232
PSA1	Week 2-Jan 02-05 (4 days)	1:00-4:00pm	\$232



Roblox Editor: Create & Code Your World | Ages 7-14: Campers will learn to use The Roblox Editor, a special coding environment used to create complete projects in Roblox! This exciting camp takes an activity your child already loves and turns it into an educational adventure!

PSA1	Week 1 Dec 26-29 (4 days)	8:30-11:30am	\$232
PSA1	Week 2-Jan 02-05 (4 days)	1:00-4:00pm	\$232
PSA Murphy	Week 2-Jan 02-05 (4 days)	8:30-11:30am	\$259



Battle of the Bots: Tournament of Champions | Ages 7-14: Campers will learn the fundamentals of mechanical engineering as they team up to build robotic systems and compete against one another!

PSA1	Week 1 Dec 26-29 (4 days)	8:30-11:30am	\$232
PSA1	Week 2-Jan 02-05 (4 days)	1:00-4:00pm	\$232



Game Builder: Creating with Construct 3 | Ages 7-12

Campers will get a taste of coding through Modifications of one of their favorite games: Minecraft! Learning to mod in Minecraft is a gateway to an adventure of creativity in computer skills that can be taken from video games to the real world.

PSA Murphy	Week 2-Jan 02-05 (4 days)	1:00-4:00pm	\$259
------------	---------------------------	-------------	-------



The following camps are instructed and offered by PSA ICode of Plano and PSA ICODE Murphy. PSA is only offering the space for these camps to be held. Camp descriptions are provided by these ICode affiliate.

How to register:

- Go to psaplano.org and click on Online Registration
 - If you have a DASH profile; sign on with your username and password
 - If you do not have a DASH profile; enter your email under New Customer Registration and click the Sign-Up button you will then be prompted to create an account.
- Call PSA at 972-208-5437 to register by phone
- Come to PSA1, PSA Murphy or PSA McKinney and register with one of our Customer Service Representatives.



Invite a Friend:

Did you know once you sign up for a camp you can send emails inviting all of your camper's friends? In your DAYSMART account click the invite button! If you need help or instructions call the front desk staff and they can help, 972-208-5437.

PSA CAMP POLICIES:

PSA is accredited by the state of Texas as a licensed childcare facility and must follow strict standards before allowing any child into our camps. Each child needs to be registered in DASH, and have filled out all online forms, specifically the **"CAMPER INFORMATION FORM"**, before they can attend camp. PSA Camps operate June, July and August, Winter Break and Spring Break. Camps are operated at various times between 8:30am-4pm.

Before & After Care Opens at 7:30am and Ends at 6pm (Late pickup will be charged additional fees)

Appropriate Clothes for Camps

Please wear appropriate clothing for an active camp day. We require tennis shoes for court play; no flip flops or sandals. If your child does not wear appropriate shoes, we will have to call you to bring some to PSA, as we cannot let them play activities due to the fact they could hurt themselves. Jeans are not something we recommend for play during the camp day.

Check-In, Check Out and Late Pick-Up Policies

1. Before Care check-in will not start prior to 7:30 am as we must assure the facility is prepared to receive children.
2. You are expected to pick your child up no later than 6:00 pm from After Care as PSA is a recreational game facility starting at that time.
3. Parents are given a 15 MINUTE GRACE PERIOD to pick up kids from camp.
4. After that, a \$1 a minute late fee, will be charged, payable to PSA.

5. Camp check-in will start no earlier than 15 minutes prior to the stated time in the camp brochure for your child's camp.
6. Add-On 1/2 day and Before and After care passes can be purchased to extend your child's camp day at any time.
7. We highly recommend an adult bring the child into PSA for the morning check-in.
8. There will be computer stations set up for all camp check-ins during the summer.
9. If someone other than the child's parent is responsible for pickup, PSA requires a note from the parent with that person's name.
10. PSA will not release a child to an unapproved person.
11. No child will be allowed to walk out of PSA to a waiting car.
12. Supervisors and staff will stop children who are seen walking out without a parent to make sure they are leaving with one. This is for their safety.

Communication

- PSA communicates mostly through email and contact information per building is listed below
- In case of an emergency, we will make phone calls to parents
- Each location has a designated camp line for direct calls to Camp Staff

Discipline and Guidance Practices

Our understanding is that children participating in competitive situations will not always react in the proper way. We look upon ourselves as teachers and mentors to these kids and will work with them to teach them how to better react to certain situations. It is up to the camp director to decide if or when a child should be removed from camp for disciplinary actions. The campers must respect the counselors, and other campers at all times. We will deal with indiscretions on a one-on-one basis. Actions that would be deemed removable offenses from camp on a temporary or permanent basis may include hitting, biting, bullying, wandering away from their group without permission or not listening to counselors or staff on a continual basis.

1. Discipline must be individualized and consistent for each child, appropriate to the child's level of understanding, and directed toward teaching the child acceptable behavior and self-control.
2. A counselor may only use positive methods of discipline and guidance that encourage self-esteem, self-control, and self-direction, which include at least the following:
 - a. Using praise and encouragement of good behavior instead of focusing only upon unacceptable behavior
 - b. Reminding a child of behavior expectations daily by using clear, positive statements
 - c. Redirecting behavior using positive statements
 - d. Using brief, supervised separation or time out from the group when appropriate for the child's age and development, which is limited to no more than one minute per year of the child's age.
 - e. There must be no harsh, cruel, or unusual treatment of any child.

The following types of discipline and guidance are prohibited:

1. Corporal punishment or threats of corporal punishment
2. Punishment associated with food, naps, or toilet training
3. Pinching, shaking, or biting a child
4. Hitting a child with a hand or instrument
5. Putting anything in or on a child's mouth
6. Humiliating, ridiculing, rejecting, or yelling at a child
7. Subjecting a child to harsh, abusive, or profane language

8. Placing a child in a locked or dark room, bathroom, or closet with the door closed; and
9. Requiring a child to remain silent or inactive for inappropriately long periods of time for the child's age.

Texas Administrative Code, Title 40, Chapters 746 and 747, Subchapters L, Discipline and Guidance

Electronic Devices

We do not recommend or encourage kids to bring electronic devices to camp. With that said, we do understand that many of these children carry cell phones today to communicate with parents when they are not with them. We also realize that these mobile devices also serve as music players and game devices, and they can keep a child's attention for a long period of time. Realizing this we ask that you talk with your child about keeping their device in a secure bag if they feel they must have it with them. We also will only allow these items out during certain parts of the camp day which would include before camp begins, rest period and after camp ends while they wait for a parent or guardian to pick them up. The idea of being at our camp is to get away from the electronic devices and to just be kids playing with other kids. We understand the kids enjoy visiting with others about games they have, and it is a social ice breaker, but we require the kids to be responsible for their gaming system. PSA will not assume any liability for lost or damaged items. We do recommend once again bringing some sort of carry bag to place any personal items in and to clearly have their name marked on the item.

Food and Nutrition

PSA Provides:

1. A light breakfast for campers registered in the Before Care is offered from 7:30am to 8:30am.
2. Morning snacks in morning camps and in the Finish the Day FlexiPass
3. Lunch to campers that are in Flexi Pass or who have Finish the Day FlexiPass to a ½ day camp.
4. Afternoon Snack for campers that are in a 1:00pm-4:00pm, ½ day camp or FlexiPass.
5. Lunch Care is required for campers attending 2 different camps in a day. Lunch care is the bridge between morning and afternoon camps and includes lunch.

Menus will be posted daily. Your child will be asked each day what he once for lunch. There will be several options given including vegetarian options. We follow the State of Texas School-Aged Program guidelines. Food allergies and religious eating restrictions will be addressed on an individual basis and will require a signed statement from the parents, and an Emergency Plan from the child's doctor. There is to be no outside food or drinks brought into PSA.

Health of the Child

PSA would prefer not to dispense medication. In order for PSA to dispense any medication to a child, parents must complete a form before leaving your child for the day. The form must be clear on the dosage and the time the medication is to be dispensed. It is the parent's responsibility to retrieve the remaining medicine on Friday. All medications left on Friday will be thrown away. If your child is not feeling well, please do not bring them to camp. To protect children from communicable illnesses, campers should be symptom-free for 24 hours before returning to camp.

These include:

- Fever over 100.4 degrees. Campers must be fever free for 24 hours without medication before re-entry.
- Undetermined rash and fever
- Undiagnosed scaly patches

- Nausea, vomiting or diarrhea
- Red, draining eyes
- Intense itching with signs and symptoms of secondary infection
- Open, draining lesions
- Lice, nits on shaft of hair, until treatment is verified

If a child is injured during the camp day, we will treat to the best of our ability within reason. If it is something that needs more than rest or a Band-Aid, the parent or guardian will be contacted as soon as possible. Please make sure to provide emergency contact numbers on your application. In serious injuries, an ambulance will be called. If a child becomes sick during the camp day, we will make every effort to see if rest can help the situation. If any of the above symptoms are present, we will have to contact the parent or guardian and isolate the child from camp.

Immunization Records

The State of Texas requires PSA to have a copy of children's TB test and immunizations. 744.613.

If your child attends school and they have the copies on site, you may sign the waiver on your forms stating,

- a) You are up to date
- b) School Name, address and phone number.

Refund Policy

Two weeks prior to the start date of the camp – 75% credit to your DASH account

Within two weeks of the start date of the camp – **No refunds**, no exceptions (includes injuries, schedule changes, etc....).

FlexiPass Camp – No refunds, no exceptions.

Transportation, Water Activities, Field Trips and Animals

PSA does not normally provide transportation, water activities, and field trips or have animals. If the case arises, we will require a signed permission slip from the parent. The parent would have all details before occurrence.

Parents Have the Right to:

View Emergency Preparedness Plan

Visit PSA any time during hours of operation without prior approval to observe your child

View the Minimum Standards and the operation's most recent licensing inspection report

Contact:

PSA Camp Program Director: Teresa Federspiel - teresaf@psaplano.org

PSA Camp Director Plano: Denise dela Rosa - ddelarosa@psaplano.org

PSA Camp Director McKinney: Teresa Federspiel – teresaf@psaplano.org

PSA Camp Director Murphy: Chelsea Williams- cwilliams@psaplano.org

DFPS Licensing Office: 469-229-6900

To Report Suspected Child Abuse: 1-800-252-5400

Texas law requires caregivers to report suspected child abuse or neglect to the Texas Department of Family and Protective Services or law enforcement.



PSA 1 – 6500 Preston Meadow Dr.



PSA McKinney- 7205 Eldorado Pkwy



PSA Murphy- 330 N. Murphy Rd.



Wishing all our PSA Teams a prosperous New Year!