



PSA Football Coaches Meeting Meeting

Feb Wed 15th , 7:00pm 2023

Keith Magee,
Football Board Director '2023
214-683-5151

FootballDirectorVolunteer@PSAPLANO.ORG

Certain updated information in this deck takes precedence over previous year published rules... the updated amendments to rules will be posted before season starts.

Agenda



- Introduction of Board Members
- Sponsors & Partners
- Policies and Procedures
- Codes & standards for coaches and teams
- Review of Special grade-based rules
- Website knowledge
- Uniform Shop



Introductions

2023 Board Members

GRADE/DIVISION	BOARD MEMBER	EMAIL
Kindergarten	CJ Martin	ceemartin35@gmail.com
D2 (lower flag)	Ryan Wallace	ryan.m.wallace@gmail.com
D4	Mark Cortez	coach.c.psa@hotmail.com
D5	Chuck Medearis	aquacm@gmail.com
D6	Lou Ford	LouFord@hotmail.com
D7/8,HS	Dannye Webb	drw22@live.com
At Large	Steve Girouard	girouardman@hotmail.com
PSA Sport Manager	Mike Robinson	football@psaplano.org
Director (3X)	Keith Magee	FootballDirectorVolunteer@psaplano.org

Partner Program



EVERY SEASON STARTS AT



2021 Spring Flag Seasons



- Spring Flag – Indoors multiple facilities
 - Registration Closed January Feb. 10th
 - Partial teams (less than 8 players) may be merged OR Pool Player can be assigned. Teams that are Paid in Full (\$1210) will not have players added.
 - Season begins week of February 25, ends early May includes playoffs.
 - Pre-K thru HS
 - Over 100 Teams this season

Coaches



- Badge – If you do not have a current badge or have an expired badge, coaches must print and bring the background check approval email they received from PSA along with his/her Drivers License to EACH game.
 - HINT: (save image to your phone!)
- Game Reschedule Fees - \$25 to request a game reschedule which must be prepaid before the game will be rescheduled.
 - There is no guarantee it will be rescheduled.
 - Approval of a reschedule requires the agreement of BOTH teams...
- Game **“No Show” Fee - \$70** must be paid before team plays next game. **Without notice, We still must pay refs and timekeeper when you don’t show.**
 - This is NON-NEGOTIABLE. You must provide an email notice 48 hours prior to your originally scheduled game to LEAGUE DIRECTOR, DIRECTOR OF REFEREES, and YOUR DIVISION COMMISH.

COVID Screening



- Arrive / Admitted 15 minutes before your game NO SOONER!
- Temperature taken at the door.
 - PSA1 - Court Red 1 door, SE Corner
 - PSA2 - Main/South door
 - PSA Murphy - East side door
 - PSA McKinney - East door
- One Adult (no siblings) admitted per player, with MASK and 6 foot spacing in the stands
 - Includes bleachers for spectators, parking lots, walkways, restrooms, concession areas, entry/exits, and plazas.
- Contact Protocol for **COVID POSITIVE** players, family, coaches etc.
 - Upon **Positive Test**, player is out until he presents a doctor's negative test result and approval to return to play. No practices allowed until approved by doctor's note.
 - If a team member in proximity shows signs within 5 days, they must immediately get tested before returning to play.
 - If **no signs** after 5 days of positive proximity the team members is free to play.

Game Play Protocol



- Games will begin on time – Leave the field immediately after your game to allow next teams to warm up on field. Meet outside the arena.
- Two Refs & timekeeper are provided per game
- Game ball provided by offense (inspected by Ref -legal size)
- Balls should be properly inflated and CLEANED
- Players enter/exit field through doors – not over walls!
- Only 4 badged coaches are allowed on the sidelines at any time
 - You can have more coaches to help with practices, but one on the field, and no more than **3** (three) on the sidelines in the box.
 - Extra Camera Operator allowed in box on your side
 - may NOT COACH or enter field
 - May be in stands if preferred

Coaches Code of Conduct



- Coaches Responsibility: A coach's behavior must bring credit to themselves, his team, and the league.
- Coaches are responsible for Parent and Spectators conduct. Coaches should use their positive influence on parents and spectators.
- A Coach's failure to follow the Code of Conduct or to defy the league rules is subject to immediate suspension from all PSA Activities
- Coaches may not "recruit" other players during the game or the current season.

Compliance with Rules



- Coaches Responsibility: A coach's behavior must bring credit to themselves, his team, and the league.
- Coaches are responsible for Parent and Spectators conduct. Coaches should use their positive influence on parents and spectators.
- RESPONSIBILITY TO PSA AND MEMBER AFFILIATIONS - **At no time will a coach or volunteer argue, abuse, threaten or demean any official, other coach, parent, spectator, League Officials, or any PSA Staff Member**
- A Coach's failure to follow the Code of Conduct or to defy the league rules is subject to immediate suspension from all PSA Activities

THE ULTIMATE RULE



- Be prepared to **PLAY EVERY BOY** in attendance as a **STARTER** all game long on either side of the ball. When the Ball changes possession **CLEAR YOUR BENCH** That is a **FIRM-HARD-FAST RULE!** No one sits two possessions in a row unless injured.
 - One warning from a Ref or Board Member
 - Second Warning will result in forfeit of current game, and coach will be required to meet with the disciplinary board before next practice or game is allowed.
 - Repeat offenders will result in Board Review to consider coach suspension

Roster Rules



- Players must be visible on the DASH roster.
- Player MUST be paid in full by 1st game.
 - Call office if financial aid is required.
- Drop dead date for rosters are Feb 10th Midnight.
- Illegal players will not be allowed or tolerated
 - Referees reserve the right to abandon a game upon the discovery of an illegal player
- Should a coach be found guilty of fielding an illegal player, he/she will be asked to meet with the Flag Football Board to determine consequences for the remainder of the season.
- Players can play UP a grade level, but NEVER down

Players



- **Must have a matching jersey with 6 – 8” number**
- **No CLEATS... wear tennis shoes only. Referee or Board Member will determine before start of game if there are illegal shoes.**
- **Mouthpiece is REQUIRED**
- **Soft helmets are allowed, but not any other pads.**
- **No 3 point stance except for center (side snap is also allowed)**
- **Center is always eligible in all grades**
- **QB is considered first person to touch ball from snap**
- **No fumbles allowed**
- **No passes behind the line of scrimmage**

Equipment



- Players must wear league issued flags
 - “no rolling” up at the top
- If both teams show up in the same color jersey the home team must put on pennies or alternate jersey
- offense provides game ball (please clean and inflate prior to start of game)

PK – D4 Special Rules



- **Runs allowed** except 5 yd line in or 5 yds off midfield
- “Hands behind the back” blocking
- 7 man play / minimum of 6 to avoid forfeit
- no moving blocks downfield.
 - Once ball is thrown, STOP running... let receiver scrape by you!
- Blitz allowed when lined up at least 7 yards deep.
- One off/def coach on field in offensive backfield.
 - Freeze as soon as ball is hiked (do NOT move on interceptions)
 - NO “coaching / talking/ hints” on the field once ball is hiked ex:
 - “Go deep now!”- “block!”- “Reverse Reverse!”-“Tommy is open!”
 - Coaches In the Box CAN keep talking... but not coaches on the field.



D5 to HS Rules

- **RUNNING IS ALLOWED – NEW RULE!!!!** Same as younger grades! 6 yard pass only zones at 1 Down and 5 yard line. QB MUST hand-off... no QB Runs.
- No moving blocks downfield.
- 6 (six) man play / minimum of 5 to avoid forfeit
 - Once ball is thrown, STOP running... let receiver scrape by you!
- No pass rush / blitz – just 5 second Loud Ref Count
- One offensive coach on field in offensive backfield.
 - Freeze as soon as ball is hiked (do NOT move on interceptions)
 - NO “coaching / talking/ hints” on the field once ball is hiked ex:
 - “Go deep now!”- “Reverse Reverse!”-“Tommy is open!”
 - Coaches In the Box CAN keep talking... but not coaches on the field.



Use the Website!

The screenshot shows the PSA website's navigation bar with icons for Basketball, Soccer, Volleyball, Baseball, Softball, Football, Cheer, Camps, Martial Arts, Rugby, Track, Wrestling, Golf, Dance, and PreSchool. Below the navigation bar, a 'Get ADOBE FLASH PLAYER' button is visible. The main content area features a 'PSA' heading, a notice that 'PSA is Working Remotely' and 'Lobbies are Closed to the Public', and contact information: 'Phones are Answered Monday-Friday 12pm-4pm 972.208.KIDS (5437) or Email: info@psaplano.org'. A large '50 PSA 1970-2020' anniversary logo is prominently displayed with the tagline 'FOR THE KIDS FOR THE COMMUNITY FOR 50 YEARS!'. A 'Coaches Tools' callout points to a 'Login' link. A 'ENTER your scores within 48 hours of game.' callout points to 'Enter Scores' and 'Want to Coach' buttons. A 'Enroll to coach (background)' callout points to a 'Referee Evaluation' button. A 'Links' sidebar on the right contains a list of resources including 'PSA - SkyView', 'Employment Opportunities', 'FAQ', 'Welcome to PSA', 'Online Registration- MySam', 'Online Forms', 'Coaches Tools', 'New Coaches Packet', 'Refund Policy', 'Uniform Shop', 'Photographer - Impact Images', 'Camps', 'Chess Class', 'PSA Scholarships', 'Sponsorship Opportunities', 'Parents Code', 'Coach's Code of Conduct', 'PSA Building Etiquette', 'Dick's Sporting Goods Coupons', and 'Consulting Services'. At the bottom, there is a 'PSA Winter Customers - Are you r...' section with a paragraph about camera video viewing and a 'PSA 1, PSA Murphy and PSA McKinney Customers' section with a paragraph about repurposed security cameras and a link to 'Open PSASkyView'.

Coaches Tools

ENTER your scores within 48 hours of game.

Enroll to coach (background)

Links

- [PSA - SkyView](#)
- [Employment Opportunities](#)
- [FAQ](#)
- [Welcome to PSA](#)
- [Online Registration- MySam](#)
- [Online Forms](#)
- [Coaches Tools](#)
- [New Coaches Packet](#)
- [Refund Policy](#)
- [Uniform Shop](#)
- [Photographer - Impact Images](#)
- [Camps](#)
- [Chess Class](#)
- [PSA Scholarships](#)
- [Sponsorship Opportunities](#)
- [Parents Code](#)
- [Coach's Code of Conduct](#)
- [PSA Building Etiquette](#)
- [Dick's Sporting Goods Coupons](#)
- [Consulting Services](#)

Enter Scores Want to Coach
Referee Evaluation

Subscribe to mailing list

indicates require

Know the Rules!



- <http://www.psaplano.org/files/football/2020IndoorFlagRules.pdf>

You are here: [Home](#) > [Sports](#) > [Football](#) > [Rules and Bylaws \(Football\)](#)

Home | [Fall Tackle Football League](#)
[Fall Outdoor Flag League](#) | [2021 Spring Indoor Flag League](#) | [2021 Summer Indoor Flag League](#) | [Indoor Flag Playoff Brackets](#) |
[Field Maps](#) | [Rules](#) | [Game Swap Procedures](#) | [Contact Us](#)

Rules and Bylaws

1) Click on
RULES

[Indoor Flag Rules](#)

2) Select
INDOOR

[PSA/ASA Tackle Rules](#)

[PSA Tackle Addendum Rules 7th/8th Grades](#)

[PSA Tackle Football By-Laws](#)

[PSA Football Protest/Game Report Form](#)

PSA Uniform Shop



Contact the Shop, located in PSA1 HQ

972-208-3860

uniforms@psaplano.org

Or

Tara Townsend, Mgr.

ttownsend@psaplano.org