

Step 1

FORCE VOLLEYBALL CLUB

Elements: Beginners 5th– 6th Grade

PSA1 6500 Preston Meadow, Plano 75024

Weeks of: May 2– May 30

Cost: 5 weeks for \$125

Register using your MYSAM account. All players need to create a MYSAM profile. Skills classes and clinics will be listed under “Classes”.

Search Force Club Volleyball, and under the season drop down menu” Force Skills/ Clinics/ Tryouts Spring 2016.

All skills classes and clinics will be listed.



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The class is for novice players who have very little experience playing volleyball. Players will spend 5 weeks focusing on building a strong foundation of volleyball skills and knowledge of the game. Once a strong foundation has been laid, players will then incorporate their skills into player led, ball control drills. At the end of the class players will receive an overall evaluation and certificate for completing the class.

May 3, 10, 17, 24, 31

4:30– 5:30pm

Heather

